

Treating Chronic Pain Without Opioids

WB2859 Module 2

PROGRAM DESCRIPTION: This module will look at the CDC recommended options for treating chronic pain without opioids. You will have the opportunity to examine the benefits and expected outcomes of prescribing nonopioid medications and nonpharmacologic treatments to your patients.

Please refer to the *CDC Guideline for Prescribing Opioids for Chronic Pain* for additional information as needed during this training.

OBJECTIVES:

At the conclusion of the session, the participant will be able to:

- 1) Recognize that nonopioid medications and nonpharmacologic treatments are the preferred methods for treating chronic pain
- 2) Describe communication techniques that facilitate a patient-centered approach to manage chronic pain
- 3) Describe risks and benefits of first-line treatments for chronic pain
- 4) Identify nonopioid medications for various types of chronic pain
- 5) Identify nonpharmacologic treatment options for various types of chronic pain

FACULTY/ CREDENTIALS:

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National Center for Injury Prevention and Control (NCIPC)

Centers for Disease Control and Prevention (CDC)

Office of Noncommunicable Diseases, Injury and Environmental Health (ONDIEH)

ORIGINATION DATE: August 4, 2017

EXPIRATION DATE: August 4, 2019

URL: <https://www.cdc.gov/drugoverdose/training/nonopioid>

HARDWARE/SOFTWARE: Computer Hardware; Internet connection; Browser

MATERIALS:	None
TARGET AUDIENCE:	Physicians, Registered Nurses, Other Professionals
PREREQUISITES:	None
FORMAT:	These modules are web-based training
CONTACT INFORMATION:	Division of Unintentional Injury Prevention, NCIPC, CDC, 800-CDC-INFO (800-232-4636)

ACCREDITATION STATEMENTS:

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