**OUR COMMITMENT** 

## Safer, More Effective Pain Management

Your health and safety are important to us.

Opioid pain medications like oxycodone or hydrocodone can help with severe, acute pain or pain from illnesses like cancer. Taking opioids, especially for longer periods of time, can often do more harm than good. Many non-opioid treatments have been shown to control pain effectively with fewer side effects.

## As your healthcare providers, we promise to:

MANAGE: Provide the best possible treatment for your condition.

**PERSONALIZE:** Work closely with you to set pain management goals and develop a treatment plan that will help you achieve your goals.



**COLLABORATE:** Assess the risks and benefits of prescription opioids together, and prescribe opioids only when their benefits outweigh their risks.

Opioids should only be used when necessary and only for as long as necessary.



## How you can help:

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When you have pain, let us know your treatment preferences.

Whether or not you are prescribed opioids, ask what else you can do to feel better and get relief from your symptoms.

If you are prescribed opioids, ask how long you will need to take them, and how we will work with you to stop taking them.

U.S. Department of Health and Human Services Centers for Disease Control and Prevention

