UNDERSTANDING THE DPRP EVALUATION REPORT

The National Diabetes Prevention Program
Diabetes Prevention Recognition Program (DPRP)
REPORTING DATA TO THE DPRP

» All organizations must make a data submission every 6 months according to their data submission schedules.

» Organizations will receive a report after each data submission.

  • **Progress report** if an evaluation has not been performed
    • Progress on ongoing participants (those who began 7-12 months before submission)
    • Progress on new participants (those who began 1-6 months before submission)

  • **Evaluation report** if an evaluation has been performed
    • Full evaluation on complete cohort(s)
    • Progress on ongoing participants (those who began 7-12 months before submission)
    • Progress on new participants (those who began 1-6 months before submission)

» All reports evaluate program results under the current DPRP Standards
# REPORT SUMMARY

<table>
<thead>
<tr>
<th>CDC-Recognized Organization</th>
<th>Organization</th>
<th>Organization Code</th>
<th>123456</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Submission Sequence:</td>
<td>3</td>
<td>Delivery Mode</td>
<td>In-person</td>
</tr>
<tr>
<td>(the 6-month period the organization is currently submitting for)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current Submission Sequence Dates</td>
<td>06/01/2022 – 11/30/2022</td>
<td>Approval Date</td>
<td>05/20/2021</td>
</tr>
<tr>
<td>Outcome of Current Evaluation</td>
<td>Full Plus</td>
<td>Effective Date</td>
<td>06/01/2021</td>
</tr>
<tr>
<td>Recognition Expiration Date</td>
<td>12/31/2027</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## SEQUENCE MAPPING

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sequence Number</strong></td>
<td><strong>1</strong></td>
<td><strong>2</strong></td>
<td><strong>3</strong></td>
</tr>
<tr>
<td><strong>Sequence Dates</strong></td>
<td>05/20/2021 – 11/30/2021</td>
<td>12/01/2021 – 05/31/2022</td>
<td>06/01/2022 – 11/30/2022</td>
</tr>
<tr>
<td><strong>Number of Participants Whose Cohort Held Its First Session in the Sequence</strong></td>
<td>50</td>
<td>46</td>
<td>22</td>
</tr>
<tr>
<td><strong>Month/Year of Final Evaluation of Sequence Participants</strong></td>
<td><strong>12/2022</strong></td>
<td><strong>06/2023</strong></td>
<td><strong>12/2023</strong></td>
</tr>
<tr>
<td><strong>Report Participant Data Section</strong></td>
<td><strong>Concluded Participants</strong></td>
<td><strong>Ongoing Participants</strong></td>
<td><strong>New Participants</strong></td>
</tr>
</tbody>
</table>
SUMMARY AND RECOMMENDATIONS

These notes are specific to the organization’s outcomes and include:

- A declaration of the recognition status that has been achieved.
- A summary of which requirements, if any, were missed.
- A list of strategies for meeting the various requirements.
- Contact information for sending technical assistance requests.
EVALUATION RESULTS (1/4)

Evaluation is based on completers (eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months) whose cohort started in Sequence 1 (05/20/2021 – 11/30/2021).

Requirement 5: Minimum Number of Program Completers*
Organizations must retain at least 5 completers in the evaluation cohort.

<table>
<thead>
<tr>
<th>Minimum Number of Program Completers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of completers in the evaluation cohort</td>
</tr>
</tbody>
</table>

* Completers are eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months.
EVALUATION RESULTS (2/4)

Requirement 6: Participant risk reduction at 12 months
Organizations must show that at least 60% of the completers in the evaluation cohort achieved one or more of the following outcomes:

- At least 5% weight loss.
- At least 4% weight loss and at least 150 minutes/week on average of physical activity.
- At least a 0.2% reduction in baseline HbA1c.

Participant risk reduction at 12 months

Percent of completers who achieved one or more of the following outcomes:

- At least 5% weight loss
- At least 4% weight loss and at least 150 minutes/week on average of physical activity
- At least a 0.2% reduction in baseline HbA1c

65% ✓
EVALUATION RESULTS (3/4)

Requirement 7: Program Eligibility
A minimum of 35% of all evaluated participants in a yearlong cohort must be eligible for the lifestyle change program based on either a blood test indicating prediabetes or a history of gestational diabetes mellitus (GDM).

Program Eligibility

Percent eligible based on either a blood test indicating prediabetes or a history of GDM  
63% ✔️
EVALUATION RESULTS (4/4)

Additional Retention Criterion
Organizations will be granted an additional 2 years of full recognition (for a total of 5 years) if, at the time full recognition is achieved, the following retention criterion is met. Eligible participants in the evaluation cohort must have been retained at the following percentages:

- A minimum of 50% at the beginning of the fourth month since the cohorts held their first sessions
- A minimum of 40% at the beginning of the seventh month since the cohorts held their first sessions
- A minimum of 30% at the beginning of the tenth month since the cohorts held their first sessions

<table>
<thead>
<tr>
<th>Additional Retention Criterion</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A minimum of 50% at the beginning of the fourth month since the cohorts held their first sessions</td>
<td>100% ✔️</td>
</tr>
<tr>
<td>A minimum of 40% at the beginning of the seventh month since the cohorts held their first sessions</td>
<td>93% ✔️</td>
</tr>
<tr>
<td>A minimum of 30% at the beginning of the tenth month since the cohorts held their first sessions</td>
<td>88% ✔️</td>
</tr>
</tbody>
</table>
CONCLUDED PARTICIPANT SUMMARY

The following information provides a summary of data submitted for the participants whose cohorts started in Sequence 1 (05/20/2021 – 11/30/2021). These are the participants who were fully evaluated in 12/2022, provided they met the requirements for evaluation.

<table>
<thead>
<tr>
<th>Participant Summary (started program in Sequence 1, 05/01/2021 – 11/30/2021)</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of cohorts in evaluation</td>
<td>1</td>
</tr>
<tr>
<td>Total number of participants whose cohort held its first session during this sequence</td>
<td>50</td>
</tr>
<tr>
<td>Excluded participants:</td>
<td></td>
</tr>
<tr>
<td>Did not meet BMI threshold*</td>
<td>3</td>
</tr>
<tr>
<td>Based on outcome of blood test, score on the risk test, or history of GDM</td>
<td>7</td>
</tr>
<tr>
<td>Number of participants who met eligibility** requirements</td>
<td>40</td>
</tr>
</tbody>
</table>

* Met body mass index (BMI) threshold is defined as >= 25 kg/m²; >=23kg/m if Asian American
** Met eligibility requirements for BMI & prediabetes eligibility
## CONCLUDED PARTICIPANT ATTENDANCE SUMMARY

<table>
<thead>
<tr>
<th>Participant Attendance Summary</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of participants who met eligibility* requirements</td>
<td>40</td>
</tr>
<tr>
<td>Number of participants who did not meet threshold (Non-Completers):</td>
<td>5</td>
</tr>
<tr>
<td>Attended less than 8 sessions in the first 6 months</td>
<td>3</td>
</tr>
<tr>
<td>Did not complete 9 full months</td>
<td>2</td>
</tr>
<tr>
<td>Number of participants who met threshold (Completers**)</td>
<td>35</td>
</tr>
</tbody>
</table>

* Met eligibility requirements for BMI & prediabetes eligibility  
** Completers are eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months.
# PROFILE OF NON-COMPLETERS

<table>
<thead>
<tr>
<th>Program Month</th>
<th>Number of Non-Completer Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>4</td>
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<tr>
<td>5</td>
<td>2</td>
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<tr>
<td>6</td>
<td>1</td>
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<tr>
<td>7</td>
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<tr>
<td>8</td>
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<tr>
<td>9</td>
<td>0</td>
</tr>
<tr>
<td>10</td>
<td>0</td>
</tr>
<tr>
<td>11</td>
<td>0</td>
</tr>
<tr>
<td>12</td>
<td>0</td>
</tr>
</tbody>
</table>
CONCLUDED PARTICIPANT CHARACTERISTICS: SEX, AGE
CONCLUDED PARTICIPANT CHARACTERISTICS: ETHNICITY, RACE

**Participant Ethnicity**

- Hispanic or Latino: Completers (n=35) vs. Non-Completers (n=5)
- Not Hispanic or Latino: Completers (n=35) vs. Non-Completers (n=5)
- Not reported: Completers (n=35) vs. Non-Completers (n=5)

**Participant Race**

- AIAN = American Indian or Alaska Native
- ASIAN = Asian or Asian American
- BLACK = Black or African American
- NHOPI = Native Hawaiian or other Pacific Islander
- WHITE = White

Completers (n=35) vs. Non-Completers (n=5)

*DPRP Participant Race Variable Coding: AIAN=American Indian or Alaska Native, ASIAN=Asian or Asian American, BLACK=Black or African American, NHOPI=Native Hawaiian or other Pacific Islander, WHITE=White*
CONCLUDED PARTICIPANT CHARACTERISTICS: EDUCATION, REFERRAL

**Participant Education**
- Completers (n=35)
- Non-Completers (n=5)

**Participant Enrollment Referral by Healthcare Provider**
- Completers (n=35)
- Non-Completers (n=5)
CONCLUDED PARTICIPANT CHARACTERISTICS: MOTIVATION (1/2)

Participant Enrollment Motivation

- Media advertisements
- Health insurance plan
- Employer or wellness plan
- Current or past participant
- Family or friends
- Community-based organization
- Prediabetes risk test
- Blood test results
- Health professional

Non-Completers (n=5)
Completers (n=35)
CONCLUDED PARTICIPANT CHARACTERISTICS: MOTIVATION (2/2)

Participant Enrollment Motivation

- Health professional
- Blood test results
- Prediabetes risk test
- Community-based organization
- Family or friends
- Current or past participant
- Employer or wellness plan
- Health insurance plan
- Media advertisements

Completers (n=35)
Non-Completers (n=5)
CONCLUDED PARTICIPANT CHARACTERISTICS: PAYER SOURCE

Participant Payer Source

- Medicare
- Medicaid
- Private Insurer
- Self-Pay
- Dual Eligible
- Grant Funding
- Employer
- Free of Charge
- Other

Completers (n=35)
Non-Completers (n=5)
ONGOING PARTICIPANT SUMMARY

The following information provides an overview of data you have submitted for the participants whose cohorts started in Sequence 2 (12/01/2021 to 05/31/2022). These are the participants who will be fully evaluated in 06/2023, provided they meet the requirements for evaluation.

Participant Eligibility

<table>
<thead>
<tr>
<th>Participant Eligibility</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of participants who attended their first session during this period (Sequence 2)</td>
<td>46</td>
</tr>
<tr>
<td>Number of participants who did not meet the BMI threshold</td>
<td>2</td>
</tr>
<tr>
<td>Percent of participants who met the BMI threshold and are eligible based on the results of a blood test or history of GDM</td>
<td>95%</td>
</tr>
</tbody>
</table>
ONGOING PARTICIPANT CHARACTERISTICS: GRAPHICAL REPRESENTATIONS

- Sex
- Age
- Ethnicity
- Race
- Education
- Enrollment Source
- Enrollment Motivation
- Payer Source
NEW PARTICIPANT SUMMARY

The following information provides an overview of data you have submitted for the participants whose cohorts started in Sequence 3 (06/01/2022 to 11/30/2022). These are the participants who will be fully evaluated in 12/2023, provided they meet the criteria for evaluation.

Participant Eligibility

<table>
<thead>
<tr>
<th>Participant Eligibility</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Participants who attended their first session during this period (Sequence 3)</td>
<td>22</td>
</tr>
<tr>
<td>Number of participants who did not meet the BMI threshold</td>
<td>0</td>
</tr>
<tr>
<td>Percent of participants who met the BMI threshold and are eligible based on a blood test or history of GDM</td>
<td>36%</td>
</tr>
</tbody>
</table>
NEW PARTICIPANT CHARACTERISTICS: GRAPHICAL REPRESENTATIONS

- Sex
- Age
- Ethnicity
- Race
- Education
- Enrollment Source
- Enrollment Motivation
- Payer Source
REPORT RETRIEVAL AND REVIEW

» Reports are available to view and download in the “Evaluation and Reports” Module of the DPRP Portal.

» Report reviews can be requested through the National DPP Customer Service Center.
THANK YOU

Thank you for participating in the Diabetes Prevention Recognition Program (DPRP).

Visit the National DPP Customer Service Center at NationalDPPCSC.cdc.gov for more resources and to submit any questions you may have.