

Why do I PreventT2?

Because we want to have a long and happy future together, I am making preventing type 2 diabetes a priority.



LOCAL AFFILIATE
LOGO

ORGANIZATION
LOGO

IF YOU HAVE PREDIABETES OR ARE AT RISK FOR TYPE 2 DIABETES, THERE IS SOMETHING YOU CAN DO.

Join PreventT2 — a lifestyle change program proven to prevent or delay type 2 diabetes. It includes:

- A **CDC-approved curriculum**
- Weekly **sessions with a trained lifestyle coach** to help you lose weight, eat healthier, be more physically active, and manage stress
- **Support from others** like you

For the reasons that are important to you, join PreventT2.

CALL OR VISIT US ON THE WEB TODAY.

[PROGRAM NAME]

[PROGRAM PHONE]

[PROGRAM URL]

[Organization and Program Name]

[Address]



Join PreventT2 Today!

[Mailing address]