



Why do I PreventT2?

Because of this little one, I am making preventing type 2 diabetes a priority.

PREVENTT2 
A PROVEN PROGRAM TO PREVENT OR DELAY TYPE 2 DIABETES

PreventT2 IS PART OF THE
**NATIONAL DIABETES
PREVENTION PROGRAM** ★
LED BY THE CENTERS FOR DISEASE
CONTROL AND PREVENTION (CDC)

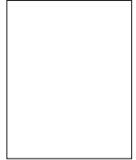
IF YOU HAVE PREDIABETES
OR ARE AT RISK FOR
TYPE 2 DIABETES, THERE IS
SOMETHING YOU CAN DO.

Join PreventT2 — a lifestyle change program proven to prevent or delay type 2 diabetes. It includes:

- A **CDC-approved curriculum**
- Weekly **sessions with a trained lifestyle coach** to help you lose weight, eat healthier, be more physically active, and manage stress
- **Support from others** like you

For the reasons that are important to you, join PreventT2.

CALL OR VISIT US ON THE WEB TODAY.



Join PreventT2 Today!