DIABETES PREVENTION IMPACT TOOLKIT

YOUR RESULTS

COSTS & SAVINGS

Net Cost per Participant

PROGRAM BECOMES **COST-EFFECTIVE** AT YEAR > **X**

This is when net costs for the program and medical costs combined would be lower than medical costs alone without intervention.

Cumulative Medical Costs per Participant

Estimated medical costs for participants in the lifestyle change program would be lower than medical costs with no intervention. At 10 years,

ESTIMATED **SAVINGS PER PARTICIPANT**
$ **XXX**

TOTAL SAVINGS ACROSS ALL PARTICIPANTS
$**XX,XXX**

Incremental Cost-Effectiveness Ratios (ICERs)

PROGRAM BECOMES **COST-SAVING** AT YEAR > **X**

This is when quality-adjusted life years gained outweigh the cumulative net cost of the program.

Your Demographics

NUMBER OF **EMPLOYEES**:
X,XXX

RISK GROUP TO PARTICIPATE IN PROGRAM:
XXXXXXXX XXXXXXX XXXXXX

EMPLOYEES TO PARTICIPATE IN LIFESTYLE CHANGE PROGRAM (PROJECTED):
XXX

Cumulative Cases of Diabetes

For Projected Participants:

YEARS WITH DIABETES AVOIDED OVER 10 YEARS:
XX

AVERAGE NUMBER OF DIABETES **CASES PREVENTED EACH YEAR**:
XX

The rise in diabetes cases is slower with lifestyle change programs than without intervention. A one-time investment yields sustained results over 10 years.

Cumulative Years of Life Gained

As a result of the lifestyle change program, participants are projected to:

LIVE LONGER

AVOID SERIOUS COMPLICATIONS OF DIABETES

DIABETES PREVENTION IMPACT TOOLKIT

YOUR RESULTS

COSTS & SAVINGS

Net Cost per Participant

PROGRAM BECOMES **COST-EFFECTIVE** AT YEAR **X**

This is when net costs for the program and medical costs combined would be lower than medical costs alone without intervention.

Cumulative Medical Costs per Participant

Estimated medical costs for participants in the lifestyle change program would be lower than medical costs with no intervention. At 10 years,

ESTIMATED **SAVINGS PER PARTICIPANT**
$ XXX

TOTAL SAVINGS ACROSS ALL PARTICIPANTS
$XX,XXX

Incremental Cost-Effectiveness Ratios (ICERs)

PROGRAM BECOMES **COST-SAVING** AT YEAR **X**

This is when quality-adjusted life years gained outweigh the cumulative net cost of the program.

Your Demographics

NUMBER OF **EMPLOYEES**:
X,XXX

RISK GROUP TO PARTICIPATE IN PROGRAM:
XXXXXXXX XXXXXXX XXXXXX

EMPLOYEES TO PARTICIPATE IN LIFESTYLE CHANGE PROGRAM (PROJECTED):
XX

Cumulative Cases of Diabetes

For Projected Participants:

YEARS WITH DIABETES AVOIDED OVER 10 YEARS:
XX

AVERAGE NUMBER OF DIABETES **CASES PREVENTED EACH YEAR**:
XX

The rise in diabetes cases is slower with lifestyle change programs than without intervention. A one-time investment yields sustained results over 10 years.

Cumulative Years of Life Gained

As a result of the lifestyle change program, participants are projected to:

LIVE LONGER

AVOID SERIOUS COMPLICATIONS OF DIABETES

DIABETES PREVENTION
IMPACT TOOLKIT
YOUR RESULTS

COSTS & SAVINGS

Net Cost per Participant

PROGRAM BECOMES **COST-EFFECTIVE** AT YEAR ⟩ **X**

This is when net costs for the program and medical costs combined would be lower than medical costs alone without intervention.

Cumulative Medical Costs per Participant

Estimated medical costs for participants in the lifestyle change program would be lower than medical costs with no intervention. At 10 years,

ESTIMATED **SAVINGS PER PARTICIPANT**
$ XXX

TOTAL SAVINGS ACROSS ALL PARTICIPANTS
$XX,XXX

Incremental Cost-Effectiveness Ratios (ICERs)

PROGRAM BECOMES **COST-SAVING** AT YEAR ⟩ **X**

This is when quality-adjusted life years gained outweigh the cumulative net cost of the program.

Your Demographics

NUMBER OF **ADULTS**:
X,XXX

RISK GROUP TO PARTICIPATE IN PROGRAM:
XXXXXXXX XXXXXXX XXXXXX

ADULTS TO PARTICIPATE IN LIFESTYLE CHANGE PROGRAM (PROJECTED):
XX

Cumulative Cases of Diabetes

For Projected Participants:

YEARS WITH DIABETES AVOIDED OVER 10 YEARS:
XX

AVERAGE NUMBER OF DIABETES **CASES PREVENTED EACH YEAR**:
XX

The rise in diabetes cases is slower with lifestyle change programs than without intervention. A one-time investment yields sustained results over 10 years.

Cumulative Years of Life Gained

As a result of the lifestyle change program, participants are projected to:

LIVE LONGER

AVOID SERIOUS COMPLICATIONS OF DIABETES

CUSTOMIZE YOUR RESULTS SUMMARY

This summary template will help you present your results from the Diabetes Prevention Impact Toolkit in a graphic, easy-to-understand format. Use the instructions that follow to populate the results summary with your data (be sure to **click Show Data Table** under each figure in the Results Dashboard to see all relevant data). Then save the file as a PDF to share with colleagues and stakeholders.

EMPLOYER

My Company Inc.

Enter the name of your company

DIABETES PREVENTION IMPACT TOOLKIT

YOUR RESULTS

Your Demographics

NUMBER OF **EMPLOYEES**:

1,500

Enter Total Number of Adults from Projected Participants table

RISK GROUP TO PARTICIPATE IN PROGRAM:

Persons with prediabetes

Enter risk group chosen—this is noted in the Selected Inputs panel

EMPLOYEES TO PARTICIPATE IN LIFESTYLE CHANGE PROGRAM (PROJECTED):

74

Enter # to Participate in Intervention from Projected Participants on Results Dashboard

COSTS & SAVINGS

Net Cost per Participant

Enter the year at which the Net Cost becomes a negative number in the Net Costs table

PROGRAM BECOMES **COST-EFFECTIVE** AT YEAR **5**

This is when net costs for the program and medical costs combined would be lower than medical costs alone without intervention.

Cumulative Medical Costs per Participant

Enter 10-year Medical Cost Savings from Cumulative Medical Costs table

Estimated medical costs for participants in the lifestyle change program would be lower than medical costs with no intervention. At 10 years,

ESTIMATED **SAVINGS PER PARTICIPANT**

$**692**

TOTAL **SAVINGS** ACROSS ALL PARTICIPANTS

$**51,208**

Multiply Medical Cost Savings in year 10 by the number of participants to get the total across participants

Incremental Cost-Effectiveness Ratios (ICERs)

Enter the year at which the ICER column reads "Cost-Saving" in the ICER table

PROGRAM BECOMES **COST-SAVING** AT YEAR **5**

This is when quality-adjusted life years gained outweigh the cumulative net cost of the program.

Cumulative Cases of Diabetes

For Projected Participants:

YEARS WITH DIABETES AVOIDED OVER 10 YEARS*:

15

Enter # from year 10 in Years with Diabetes Averted column in Cumulative Cases of Diabetes and Years with Diabetes Averted table

AVERAGE NUMBER OF DIABETES **CASES PREVENTED** EACH YEAR*:

1.5

The rise in diabetes cases is slower with lifestyle change programs than without intervention. A one-time investment yields sustained results over 10 years.

Divide the Years with Diabetes Averted in Year 10 by 10 to get the average number of cases averted per year

Cumulative Years of Life Gained

As a result of the lifestyle change program, participants are projected to:

LIVE LONGER

AVOID SERIOUS COMPLICATIONS OF DIABETES

EIT TOOKIT COLORS

Dark Blue: R=57. G=85, B=108
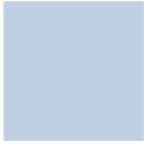
Light Gray: R=190, G=208, B=225

Dark Green: R=43, G=182, B=115

Font Arial Bold