

Trinity Health | RECIPIENT PROFILE YEAR 1



AWARD

\$1,422,134

AFFILIATE SITES

- Holy Cross Hospital
- Mercy Health Muskegon
- Mount Carmel Health System
- St. Joseph Mercy Health System
- St. Joseph Regional Medical Center
- St. Peter's Health Partners

PARTNERS

- American Medical Association
- Muskegon YMCA



Targeted States

Florida (12 counties)
Indiana (4 counties)
Michigan (5 counties)
New York (3 counties)
Ohio (8 counties)
West Virginia (3 counties)



Priority Populations

African Americans
Hispanics and Latinos
Medicare beneficiaries
Men



Targeted Setting

Populations living in areas in six states with gaps in National Diabetes Prevention Program lifestyle change program coverage and served by Trinity Health's Regional Health Ministries.

Scaling and Sustaining the National Diabetes Prevention Program (National DPP)

The National DPP supports a structured, year-long lifestyle change program (LCP) that is offered in-person and online to prevent or delay the onset of type 2 diabetes among those at high risk. The DP17-1705 program is designed to build the infrastructure in underserved areas to deliver the National DPP LCP to general and priority populations, effectively closing the enrollment gap so that more participants with prediabetes in underserved areas successfully complete the program, achieve 5-7% weight loss, and significantly reduce their risk for type 2 diabetes.

SELECTED STRATEGIES AND ACTIVITIES

INCREASE THE AVAILABILITY OF CDC-RECOGNIZED ORGANIZATIONS

- Finalize selecting sites to offer the LCP.
- Finalize training plan and train lifestyle coaches.

INCREASE CLINICIAN SCREENING, DETECTION, AND REFERRAL TO CDC-RECOGNIZED ORGANIZATIONS

- Identify and engage physicians who will participate as referral sources.
- Identify strategies for engaging community health workers to increase referrals.

INCREASE AWARENESS OF PREDIABETES AND ENROLLMENT IN THE LCP

- Assess community needs.
- Determine target market segments and gaps in existing marketing materials.
- Develop and implement marketing plan.
- Develop and finalize pay-for-performance plan with affiliate sites.

INCREASE RETENTION RATES FOR PARTICIPANTS IN THE LCP

- Recruit new lifestyle coaches and deliver skills training.
- Offer advanced training to existing lifestyle coaches.

SUCCESS STORIES

The Holy Cross Hospital (HCH) LCP has a lifestyle coach that is fluent in American Sign Language (ASL). To meet the needs of a Deaf participant, the lifestyle coach translated all course materials into ASL, translated class discussions, answered participant questions and offered motivational support to a Deaf participant. Classes were taught in English and ASL simultaneously.

The Deaf/deaf community is notoriously an underserved population. Therefore, this experience has hopefully opened the door for future opportunities to serve this population. The HCH LCP strives to serve all populations in need of healthy intervention and HCH hopes to have the opportunity to serve all regardless of potential language barriers.



Holy Cross Hospital offers LCP classes in American Sign Language to ensure inclusion of the Deaf/deaf community in the National DPP.

As a result of offering classes in ASL, the Deaf participant was able to successfully complete all HCH LCP classes. He actively participated in class activities, food demos, and discussions.

The lifestyle coach created a walking group to motivate participants to increase their physical activity. Now that the class is completed, the Deaf participant is the leader of the walking group at the senior center. His walking group meets twice a week. Not only has this participant found great success through participation in the program, but now he is motivating and encouraging his peers at the senior center to lead a healthier lifestyle.

PERFORMANCE MEASURE HIGHLIGHTS



Reaching Underserved Populations and Areas

3 new organizations added to the CDC recognition program (Diabetes Prevention Recognition Program) and offering the National DPP in underserved areas.

344 people enrolled in the National DPP LCP in underserved areas.

11 curriculum tools/materials tailored to the needs of underserved populations.



Health Care System Referrals

28 health care systems or providers implementing bidirectional e-referral.

8 health care systems or providers implementing other referral systems.

For more information on the DP17-1705 Scaling and Sustaining the National Diabetes Prevention Program please visit:

<https://www.cdc.gov/diabetes/programs/stateandlocal/funded-programs/1705.html>

*Year 1 analysis of data submitted by recipients.

LAST UPDATED 8/27/2019

