

Association of Asian Pacific Community Health Organizations (AAPCHO) | RECIPIENT PROFILE YEAR 1



AWARD

\$1,425,000

AFFILIATE SITES

- Arkansas Coalition of Marshallese (ACOM)
- Association of Asian Pacific Community Organizations
- Chuuk Women's Council
- Kosrae Community Health Center
- Kwajalein Diabetes Coalition
- Malama I Ke Ola Health Center



Targeted States and Pacific Island Nations

Arkansas (1 county)
Hawaii (1 county)
Federated States of Micronesia (3 states)
Republic of the Marshall Islands (1 atoll)



Priority Populations

Medicare beneficiaries
Native Hawaiians
Pacific Islanders



Targeted Setting

Native Hawaiian and Pacific Islander communities and jurisdictions in the Continental U.S., Hawaii, and Pacific. Supporting partnerships with local area churches, community-based organizations, federally qualified health centers, and local employers.

Scaling and Sustaining the National Diabetes Prevention Program (National DPP)

The National DPP supports a structured, year-long lifestyle change program (LCP) that is offered in-person and online to prevent or delay the onset of type 2 diabetes among those at high risk. The DP17-1705 program is designed to build the infrastructure in underserved areas to deliver the National DPP LCP to general and priority populations, effectively closing the enrollment gap so that more participants with prediabetes in underserved areas successfully complete the program, achieve 5-7% weight loss, and significantly reduce their risk for type 2 diabetes.

SELECTED STRATEGIES AND ACTIVITIES

INCREASE THE AVAILABILITY OF CDC-RECOGNIZED ORGANIZATIONS

- Identify affiliate sites, establish enrollment targets, and establish timelines to apply for CDC recognition.
- Train local teams on CDC recognition process and developing a LCP.
- Train LCP coaches.
- Translate curriculum materials into Kosraean, Chuukese, and Marshallese.

INCREASE CLINICIAN SCREENING, DETECTION, AND REFERRAL TO CDC-RECOGNIZED ORGANIZATIONS

- Identify at least one health system partner or other referral source per affiliate site and identify strategies for referral implementation.
- Identify strategies for working with clinic-based community health workers to reach, engage, and enroll priority populations.

INCREASE AWARENESS OF PREDIABETES AND ENROLLMENT IN THE LCP

- Tailor a prediabetes training for providers and staff at clinical and community partner sites.
- Conduct a community needs assessment to identify best methods for reaching priority populations.

INCREASE RETENTION RATES FOR PARTICIPANTS IN THE LCP

- Complete marketing plan and develop materials to support marketing and enrollment.
- Modify materials to be culturally relevant for Native Hawaiians and Pacific Islanders.
- Develop tools and training for coaches to support and retain priority populations.

SUCCESS STORIES

ACOM staff maintain regular and constant communication with program participants through phone, Facebook and face-to-face visits. The agency provides transportation for some clients, and participants have offered to carpool to assist others. Also, pastors at multiple churches have offered to provide transportation. Make-up sessions are conducted at participants' homes where participants can be weighed by staff. Because of the high level of communication in this close-knit community, staff know when people will be home so formal appointments are rarely needed. For a longer-term solution, ACOM has submitted a grant for resources to purchase a van for the program.

ACOM's long-standing relationship in the community enabled them to enroll people at risk for type 2 diabetes into the LCP.



ACOM exceeded its ambitious program recruitment target of 250 by nearly 10% for a total of 273 participants, of which 81% were successfully enrolled.

In year one, ACOM exceeded its ambitious program recruitment target of 250 by nearly 10% for a total of 273 participants, of which 81% were successfully enrolled. As they work to address the transportation issue with the support of partners, they are still able to maintain a high participation rate. This is a testament to the community trust they have earned, their intensive communication efforts, and their commitment to ensure the program they established is accessible.

ACOM partnered with Feed Communities, which provides a community garden for participants to grow, harvest, and take home fresh fruits and vegetables. Feed Communities is also working to provide a bigger plot of land specifically for the ACOM LCP. Participant retention rates have improved due to the extra communication and the transportation services provided by ACOM.

PERFORMANCE MEASURE HIGHLIGHTS



Reaching Underserved Populations and Areas

6 new organizations added to the CDC recognition program (Diabetes Prevention Recognition Program) and offering the National DPP in underserved areas.

873 people enrolled in the National DPP LCP in underserved areas.

3 curriculum tools/materials tailored to the needs of underserved populations.

3 advanced skills trainings held for lifestyle coaches to help retain priority populations.



Health Care System Referrals

5 health care systems or providers implementing other* referral systems.

*Referral systems other than bidirectional e-referral systems (i.e., bidirectional referrals with any modality or unidirectional referrals from a health care provider regardless of modality).

For more information on the DP17-1705 Scaling and Sustaining the National Diabetes Prevention Program please visit:
<https://www.cdc.gov/diabetes/programs/stateandlocal/funded-programs/1705.html>

*Year 1 analysis of data submitted by recipients.
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