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MILLION REASONS to control diabetes

26 million people are living with diabetes
& 79 million more are at risk

These staggering numbers mean that 105 million
Americans have diabetes or prediabetes

Now is the time to “Take Charge” of your diabetes

Visit: cdc.gov/diabetes
yourdiabetesinfo.org 1.800.CDC.INFO



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention