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THE EAGLE BOOKS

Stories have been used by Native Americans for generations to pass on history, traditions, and customs to future generations.

The four stories included in the Eagle Books series share important messages with young children about how to lead healthier lives. The books feature animal characters, Mr. Eagle, Miss Rabbit, and Coyote, who share health messages with a Native American boy named Rain That Dances and his friends.

THE EAGLE BOOKS

The Eagle Books include:

Through the Eyes of the Eagle
health promotion and diabetes prevention

Knees Lifted High
physical activity

Plate Full of Color
healthy eating

Tricky Treats
healthy choices

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Georgia Perez

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Patrick Rolo and Lisa A. Fifield

Special thanks to our partners:

Tribal Leaders
Diabetes Committee

Indian Health Service

For more information about the CDC's Division of Diabetes Translation or to order the Eagle Books series, please visit www.cdc.gov/diabetes or call 1-800-CDC-INFO.