# New Beginnings Participant Satisfaction Form

**Note to group leader: Use the session objectives to fill in the information about this session. Directions about where to include this information are included in italics. Delete this text and add information from your session. See** Outcome Evaluation Strategies **for more information.**

We would like to hear your thoughts about today’s session. Please take a few minutes to tell us your thoughts.

1. **Overall, how do you think today’s session went?**

Click here to enter text.

1. **What you learned**

After today’s session, do you understand the topics listed below better?

| Topic | No, not better | A little better | Yes, a lot better |
| --- | --- | --- | --- |
| Use the session objectives to list the topics for the session. |  |  |  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |

1. **What you plan to do**

Do you plan to try the skills you learned during today’s session?

| Skill | I won’t try this skill | I might try this skill | I am going to try this skill |
| --- | --- | --- | --- |
| Use the session objectives to list the skills included in the session. |  |  |  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |
| Click here to enter text. | [ ]  | [ ]  | [ ]  |

1. **How are we doing?**

Overall, this session:

[ ]  Will help me manage my diabetes/help my loved one with diabetes

[ ]  Might help me manage my diabetes/help my loved one with diabetes

[ ]  Will not help me manage my diabetes/help my loved one with diabetes

1. **What did you like most about this session? or What was most useful about this session?** (choose one question)

[ ]  The group leader

[ ]  The discussion about:

[ ]  List topics covered

[ ]  The activities

[ ]  List activities included

[ ]  The handouts

[ ]  Other (describe)

1. **What would you change about this session?**

[ ]  The length of the session

[ ]  The discussion

[ ]  List topics

[ ]  The activities

[ ]  List activities

[ ]  The handouts

[ ]  Other (describe)

The next session is about  list the topic(s) for the next session . What would you like to learn more about or talk about related to this topic?

**Thank You!**