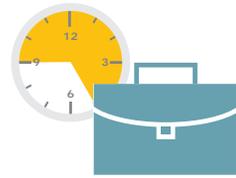


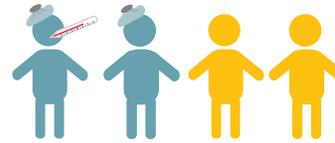
What Could Be Addressed in an Evidence-Informed State Workplace Health Promotion Law?



Workplace Health Promotion (WHP) is a coordinated set of activities and strategies at the workplace to encourage the health and safety of all employees.



In 2016, there were more than 150 million working adults in the US.



In 2012, about half of all US adults (117 million) had at least one chronic health condition, and 1 in 4 had at least two.



As of 2013, 41 states had enacted some type of law to encourage and support WHP.

To date, no research has tested the impact of state WHP laws on health. **In 2016, CDC assessed best available evidence, including worksite health intervention studies and expert opinion, for 21 types of WHP interventions that could be scaled for statewide adoption with a state law.** Each type of intervention is shown below by evidence level: “best,” “promising,” and “emerging.” State laws that address the 13 types of WHP interventions with “best” evidence are expected to have the greatest potential for a positive health and associated economic impact. For the full report, visit the Division for Heart Disease and Stroke Prevention’s Policy Resources webpage at: https://www.cdc.gov/dhdsp/pubs/policy_resources.htm

Types of interventions aligning with “Best” evidence



Workplace Obesity Interventions*



Workplace On-site Vaccinations*



Workplace Tobacco Interventions*



Workplace Health Risk Assessment with Education*



Workplace Incentives for Employee WHP Participation*



Workplace Skin Cancer Prevention*



Workplace Integration of WHP and Safety Programs



Workplace Blood Pressure Interventions



Workplace Cholesterol Interventions



Workplace Diabetes Interventions



Workplace Depression and Stress Interventions



Workplace Includes Family in WHP



Workplace Provides Flexible Scheduling for WHP

*Recommended by the Community Guide to Preventive Services

Types of interventions aligning with “Promising” or “Emerging” evidence

“Promising”



Workplace Lactation Support



State Tax Credits for WHP



Workplace Public Access Defibrillation



State Grants for WHP

“Emerging”



State Raises Awareness for WHP



State Certification of WHP Programs



State WHP Evaluation



Workplace Education About Signs of Heart Attack/Stroke