How to Make a Map of Risk Factors for Heart Disease or Stroke in Your State

Step 1: Open the Interactive Atlas of Heart Disease and Stroke at

https://nccd.cdc.gov/DHDSPAtlas/Default.aspx



Step 2: Click on Select Map Area (located in the upper left corner), then choose your state.

Select Map Area:	
Show Counties Show Census Tracts	
Select data and filter options:	
Mortality, Hospitalization (state, county)	• +
Prevalence (county, census tract)	+
Risk Factors (county, census tract)	-
High Cholesterol	+
Diabetes	+
Obesity 🤁	+
Physical Inactivity	+
Smoking	+
Social, Economic, Environmental Data	+
Demographics 🚯	+
Health Care Delivery and Insurance	+
Health Care Costs 🚯	+
Overlay Features 🚯	+

Step 3: Click on the Risk

Factors tab on the left navigation bar, then choose the risk factor of interest. For this example, we will select **Obesity**.

Select Map Area:	i 🛤
Georgia 🗸 🗸	
Show Counties O Show Census Tracts	;
Select data and filter options:	
Mortality, Hospitalization (state, county)	0 +
Prevalence (county, census tract)	+
Risk Factors (county, census tract)	-
High Cholesterol	+
Diabetes	+
Obesity	-
Obesity (%)	
Physical Inactivity	+
Smoking	+
Social, Economic, Environmental Data 🚯	+
Demographics ()	+
Health Care Delivery and Insurance	+
Health Care Costs 🛛 🟮	+
Overlay Features 🚯	+

Step 4: Select **Obesity (%)** from the drop-down menu underneath **Obesity** and the map will appear!



