



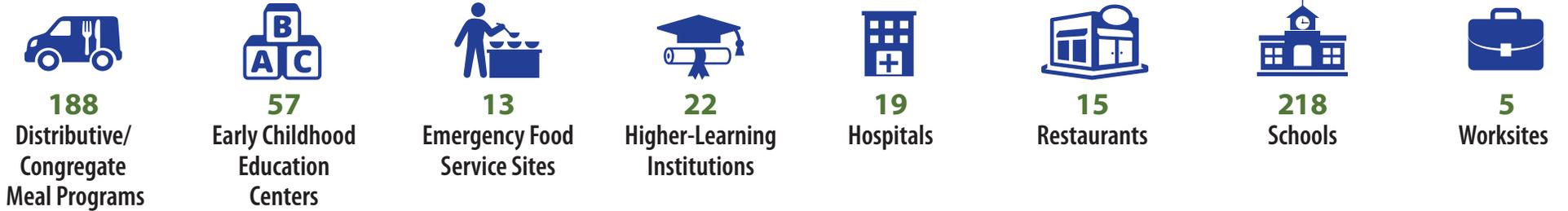
# The Sodium Reduction in Communities Program Demonstrates Early Success (October 2016–September 2018)

The Centers for Disease Control and Prevention (CDC) has funded the Sodium Reduction in Communities Program (SRCP) since 2010. CDC began a new funding cycle in 2016, aiming to increase the availability and purchase of lower-sodium food options.

Under SRCP, CDC currently funds eight recipients, including county and state health departments and a university, to work with food service organizations. After 2 years (2016–2018), this program has demonstrated early success in reducing the sodium content of available foods.



SRCP recipients have partnered with **537** food service organizations in **8** settings.



Three strategies implemented by SRCP recipients worked directly to reduce the sodium content of available foods.

**159** food service organizations put into action guidelines/nutrition standards for sodium content.



**2,292** meals and menu items were modified to reduce sodium content.



**1,688** products and ingredients were replaced with a lower-sodium alternative.



## Impact

Reduced Average Sodium of Food Available in Participating Food Service Organizations

