

# 1422 State and Local Health Actions to Prevent Obesity, Diabetes, and Heart Disease and Stroke (SLPHA) Evaluation Overview

## Evaluation Overview

The SLPHA-1422 program is designed to control and prevent obesity, diabetes, heart disease, and stroke among general and priority populations with the aim of reducing health disparities and improving health equity among adults. The evaluation of the SLPHA-1422 program describes and assesses the implementation of, and outcomes related to, the use of the Dual Approach and mutually reinforcing strategies. This document provides a brief overview of the evaluation and its primary components.

### Evaluation Goals

 Describe and assess awardee's implementation of the Dual Approach and mutually reinforcing strategies.

Assess changes in health behavior, environmental, and system-level outcomes. 

 Identify promising strategies for increasing reach and improving outcomes among adults in priority populations.

### Evaluation Questions

To what extent:

 Have improvements in quality, use and delivery of clinical and prevention services improved hypertension management?

 Has increased community-clinical linkages improved the prevention of diabetes, heart disease and stroke (through control of high blood pressure)?

 Have strategies to build support for healthy lifestyles improved the prevention of obesity, diabetes, and heart disease and stroke?

 Do environmental strategies implemented by states, communities and large cities improve the prevention of obesity, diabetes and heart disease and stroke?

# What is the 1422 SLPHA Evaluation Approach?

The SLPHA-1422 program evaluation approach is comprised of three components: 1) performance measures used to evaluate the work performed; 2) state and local evaluations; and 3) the national evaluation that describes and assesses the extent to which the use of the Dual Approach and mutually reinforcing strategies have helped to control and prevent obesity, diabetes, heart disease, and stroke among general and priority populations.

## Performance Measures



The purpose of the performance measures is to ensure monitoring of grantees' progress for key activities and outcomes related to specific categorical areas. **Performance measures** focus on short, intermediate, and long-term outcomes, demonstrate accountability, and show progress to stakeholders.

## State & Local Evaluation



The **state and local evaluation** component analyzes implementation of program strategies, evaluation plans, and outcomes related to the Dual Approach.

## National Evaluation



The **Outcome Evaluation** assesses changes in community and large city environments, health behaviors, and outcomes for priority and general populations as a result of the 1422 program.



The **Process Evaluation** assesses, describes, and analyzes facilitators and barriers to implementing the Dual Approach and mutually-reinforcing strategies.



The **Health Equity Study** identifies promising strategies for reaching adults in priority populations, improvements of community and large city environments where priority populations reside, advancement of behavioral outcomes for adults in priority populations.

