

Management of Dengue Patients

The following recommendations for management of dengue patients include sending Group A patients home with follow-up guidance and admitting Group B and Group C patients to the hospital for treatment.

Group A	Group B	Group C
<ul style="list-style-type: none"> Give anticipatory guidance prior to sending patient home (Refer to patient handout) 	<ul style="list-style-type: none"> Admit patient to hospital 	In addition to Group B management, do the following:
<ul style="list-style-type: none"> Follow-up daily 	<ul style="list-style-type: none"> Monitor hemodynamic status frequently 	<ul style="list-style-type: none"> Use colloids for refractory shock
<ul style="list-style-type: none"> Do serial CBCs 	<ul style="list-style-type: none"> Use HCT to determine interventions 	<ul style="list-style-type: none"> Monitor for occult bleeding*
<ul style="list-style-type: none"> Identify warning signs early 	<ul style="list-style-type: none"> Use isotonic IVFs judiciously Correct metabolic acidosis and electrolyte abnormalities as needed 	

*Do not use prophylactic platelet transfusions.

