**Resources for 11/30 Partner Update Call:**

Holiday Celebrations and Small Gatherings Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

How Right Now Initiative: <https://howrightnow.org/>

CDC Adolescent Mental Health Webpage <https://www.cdc.gov/healthyyouth/mental-health/index.htm>

CDC Data Tracker: <https://covid.cdc.gov/covid-data-tracker/#cases_casesper100klast7days>

COVIDView link:<https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/past-reports/10092020.html>

November 10: Science Update - Association between SARS-CoV-2 infection, exposure risk and mental health among a cohort of essential retail workers in the USA: <https://www.cdc.gov/library/covid19/111020_covidupdate.html>

November 13: Morbidity and Mortality Weekly Report- Multiple COVID-19 Outbreaks Linked to a Wedding Reception in Rural Maine: <https://www.cdc.gov/mmwr/volumes/69/wr/mm6945a5.htm>

November 13: Morbidity and Mortality Weekly Report- Mental Health-Related Emergency Department Visits Among Children Aged <18 Years During the COVID-19 Pandemic: <https://www.cdc.gov/mmwr/volumes/69/wr/mm6945a3.htm>

Ad Council media resources are available to view and download in the Flu Vaccination campaign toolkit: [getmyflushot.adcouncilkit.org](file:///C:/Users/lby8/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/2ZAOTX4L/getmyflushot.adcouncilkit.org)

* NIH Mental Health Information: <https://www.nimh.nih.gov/health/statistics/mental-illness.>[shtml](https://www.nimh.nih.gov/health/statistics/mental-illness.shtml)

Mental Health and Coping during COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

June 2020, MMWR on Mental Health, Substance Use, and Suicidal Ideation During the COVID-19 Pandemic: <https://www.cdc.gov/mmwr/volumes/69/wr/mm6932a1.htm?s_cid=mm6932a1_w>

COVID-19 Parental Resource Kit: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/parental-resource-kit/index.html>

Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/community/mental-health-non-healthcare.html>

What to Do If You Are Sick: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

Adolescent Connectedness and Adult Health Outcomes from *Pediatrics*: <https://pediatrics.aappublications.org/content/144/1/e20183766>

Adolescent Connectedness: <https://www.cdc.gov/healthyyouth/protective/youth-connectedness-important-protective-factor-for-health-well-being.htm>

Health Equity Considerations and Racial and Ethnic Minority Groups: <https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

Healthcare Personnel and First Responders: How to Cope with Stress and Build Resilience During the COVID-19 Pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/mental-health-healthcare.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fmental-health-healthcare.html>

National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255), 1-888-628-9454 for Spanish

Lifeline Crisis Chat: <https://suicidepreventionlifeline.org/chat/>

COVID-19 Parental Resources Kit: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/parental-resource-kit/index.html>

* [National Suicide Prevention Lifeline](http://www.suicidepreventionlifeline.org/)
  + Toll-free number 1-800-273-TALK (1-800-273-8255) <https://suicidepreventionlifeline.org/>
  + The [online Lifeline Crisis Chat](http://www.suicidepreventionlifeline.org/GetHelp/LifelineChat.aspx) is free and confidential. You’ll be connected to a skilled, trained counselor in your area. <https://suicidepreventionlifeline.org/chat/>
* [National Domestic Violence Hotline](https://www.thehotline.org/)
  + Call 1-800-799-7233 and TTY 1-800-787-3224 <https://www.thehotline.org/>
* [Disaster Distress Helpline](https://www.samhsa.gov/disaster-preparedness)
  + Call or text 1-800-985-5990 <https://www.samhsa.gov/disaster-preparedness>
* If you need to find treatment or mental health providers in your area: [Substance Abuse and Mental Health Services Administration (SAMHSA) Find Treatment](https://www.samhsa.gov/find-treatment) <https://www.samhsa.gov/find-treatment>

[Substance Abuse and Mental Health Services Administration (SAMHSA) Find Treatment](https://www.samhsa.gov/find-treatment) <https://www.samhsa.gov/find-treatment>

Infection Control Guidance for Healthcare Professionals about Coronavirus (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html>

CDC COVID-19 Household Checklist: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/checklist-household-ready.html>

Strong4Life: <https://www.strong4life.com/en>

Coping with Stress: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

Subscribe to get future call announcements:​<https://tools.cdc.gov/campaignproxyservice/subscriptions.aspx> ​Enter your email and then search for "COVID-19 (Coronavirus) Partners"