

## **Coronavirus Disease 2019 (COVID-19)**

How To Wear A Mask

No Sound. Silent Video.

Wearing a mask in public may help prevent the spread of COVID-19. Here is how to wear it correctly

- 1. Wash your hands before putting on your mask.
- 2. Holding the ear loops or ties, make sure it covers your nose and mouth, and secure it around your chin.
- 3. Try to fit it snugly against the side of your face.
- 4. Make sure you can breathe easily and keep the mask on the entire time you're in public