



Coronavirus (COVID-19)

Department of Health and Human Services | Centers for Disease Control and Prevention

Coronavirus Disease 2019 (COVID-19)

Key Times to Wash Your Hands

1. Before:
 - Eating or preparing food
 - Touching your face
2. After:
 - Using the restroom
 - Coughing or sneezing
 - Leaving a public place
 - Handling cloth face covering
 - Changing a diaper
 - Caring for someone sick
 - Touching animals or pets