Coronavirus Disease 2019 (COVID-19)

Key times to wash your hands

No sound. Silent video.

- KEY TIMES to Wash Your Hands
- **Before**
  - Eating or preparing food
  - Touching your face
- **After**
  - Using the restroom
  - Coughing or sneezing
  - Leaving a public place
  - Handling cloth face covering
  - Changing a diaper
  - Caring for someone sick
  - Touching animals or pets