



## **Coronavirus Disease 2019 (COVID-19)**

### **COVID-19 Mask Guidance Based on Community Level**

Wearing masks can help protect you and others from COVID - 19.

In addition, layered prevention strategies like staying up to date on vaccines and handwashing can help prevent severe illness and reduce the potential for strain on your health care system.

Wear a mask with the best fit, protection, and comfort for you.

COVID - 19 community levels are a tool to help communities decide what prevention steps to take based on the latest data.

Levels can be low, medium or high and are determined by looking at hospital beds being used, hospital admissions, and the total number of new COVID - 19 cases in an area.

Take precautions to protect yourself and others from COVID - 19 based on the COVID - 19 community level in your area.

If a Community Level is noted as Low or noted as Green wear a mask based on your personal preference, informed by your personal level of risk.

Wear a mask if you have symptoms, or a positive test, or have been exposed to someone with COVID – 19 If a Community Level is noted as Medium or noted as Yellow

If you are immunocompromised or at high risk for severe illness talk to your health care provider about additional precautions, such as wearing masks indoors in public.

If you live with or have social contact with someone at high risk for severe illness, consider testing yourself for infection before getting together with them.

Also, consider wearing a mask when indoors with them if a Community Level is noted as High or noted as Orange wear a well-fitting mask indoors in public, regardless of vaccination status or individual risk.

This includes in K through 12 schools and other community settings if you are immunocompromised or at high risk for severe illness wear a mask or respirator that provides you with greater protection

It is important to wear a mask or respirator when you are sick or caring for someone who is sick with COVID - 19.

If you are sick with COVID - 19, a respirator will help protect others from getting infected.

When caring for someone who is sick with COVID - 19, a respirator will provide you the best level of protection.

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