You may have been exposed to COVID-19 while traveling. Watch your health for symptoms. Even with no symptoms, you can spread the virus to others.

PROTECT OTHERS FROM GETTING SICK:

Keep 6 ft/2 m apart from others.
Wear a mask.
Wash your hands often.

Close contact activities put you at risk for exposure to COVID-19. If you think you may have been exposed while you traveled, take extra care for 14 days after travel:
- Stay home as much as possible.
- Avoid being around people, especially those at higher risk for severe illness from COVID-19.
- Consider getting tested for COVID-19.

For more information: www.cdc.gov/COVIDtravel
For information about COVID-19 and how to monitor your health after travel, open your cell phone camera and scan this code:

www.cdc.gov/COVIDtravel