PSA #4: Follow State and Local Guidance (30 seconds)

This is a message from the CDC. Travel increases your chance of getting and spreading COVID-19.

State, local, and territorial governments may have travel restrictions in place, including testing requirements, stay-at-home orders, and quarantine requirements upon arrival. For up-to-date information and travel guidance, check the state and local health departments where you are, along your route, and where you’re going. To learn more, visit cdc dot gov slash COVID19.