Brief Summary of Findings on the Association Between a History of Pulmonary Embolism or Pulmonary Hypertension and Severe COVID-19 Outcomes

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Brief Summary of Findings on the Association Between Underlying Pulmonary Embolism and Severe COVID-19 Outcomes

One cohort study¹ was retrieved that reported data on patients with a history of pulmonary embolism and severe COVID-19 outcomes.

• Limited evidence from one cohort study¹ suggests that a history of pulmonary embolism is associated with an increase in the risk of mortality. However, one study is insufficient to definitively conclude an increase in risk and new evidence may change these conclusions.

Brief Summary of Findings on the Association Between Underlying Pulmonary Hypertension and Severe COVID-19 Outcomes

Three cohort studies¹⁻³ were retrieved that reported data on patients with a history of pulmonary hypertension and severe COVID-19 outcomes.

² Limited evidence suggests that underlying pulmonary hypertension is associated with an increase in the risk of mortality^{1, 2}, ICU admission², and hospitalization³. However, one study is insufficient to definitively conclude an increase in risk and new evidence may change these conclusions for ICU admission and hospitalization.

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A. Methods

The aim of this review is to identify and synthesize the best available evidence on the association between Pulmonary Embolism or Pulmonary Hypertension and severe COVID-19 in order to update the Centers for Disease Control and Prevention (CDC) website on underlying conditions for a consumer and a provider-specific website with more rigorous information.

A.1. Literature Search

A list of search terms was developed to identify the literature most relevant to the population, exposure, comparator, and outcomes (PECO) question. Clinical experts and library scientists were consulted to develop a robust list of search terms. These terms were then incorporated into search strategies, and these searches were performed in OVID using the COVID-19 filter from the end of the previous literature search (December 2020). The detailed search strategies for identifying primary literature and the search results are provided in Part B. Subject matter experts supplemented the literature search results by recommending relevant references published before December 2020. References were included if retrieved by the chronic lung disease literature search and reported exposures and outcomes relevant to this review.

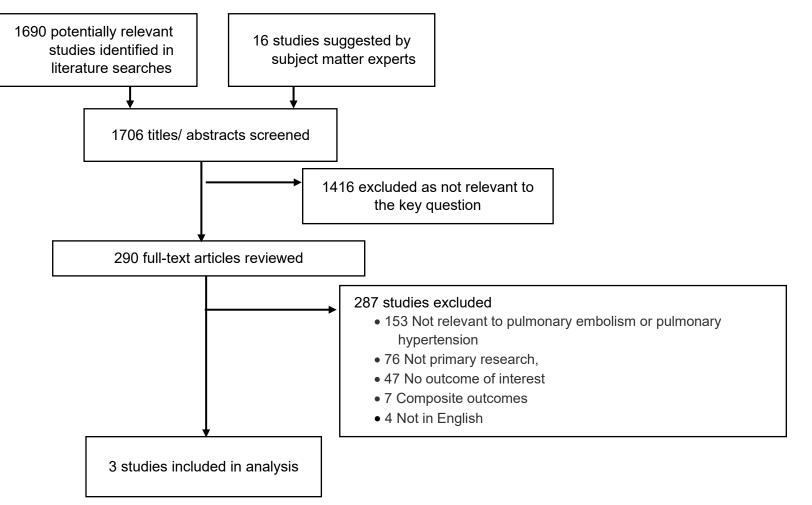
A.2. Study Selection

Titles and abstracts from references were screened by dual review (initials: M.C., J.K.K., C.O., D.O.S., T.R., C.S., E.C.S., or M.W.). Full-text articles were retrieved if they were:

- 1. relevant to the PECO question;
- 2. primary research, and
- 3. written in English.

Part B presents the full list of exclusion criteria. The full texts of selected articles were then screened by two independent reviewers, and disagreements were resolved by discussion (initials: J.K.K., D.O.S., K.T.R., C.S., E.C.S., or M.W.). After the full-text screening was complete, a bibliography of the articles selected for inclusion was vetted with subject matter experts. Additional studies suggested by the subject matter experts were screened for inclusion as described above. The results of the study selection process are depicted in Figure 1.

Figure 1. Results of the Study Selection Process



A.4. Data Extraction and Synthesis

Methodologic data and results of relevant outcomes from the studies meeting inclusion criteria were extracted into standardized evidence tables. Data and analyses were extracted as presented in the studies. For the purposes of this review, statistical significance was defined as $p \le 0.05$.

A.5. Aggregation of the Evidence

The internal validity associated with each study was assessed using scales developed by the Division of Healthcare Quality Promotion and scores were recorded in the evidence tables. Part B includes the questions used to assess the quality of each study design. The strength, magnitude, precision, consistency, and applicability of results were assessed for all comparators. The overall confidence in the evidence base is reported in the aggregation tables in Part B.

A.6. Reviewing and Finalizing the Systematic Review

Draft findings, aggregation tables, and evidence tables, are presented to CDC subject matter experts for review and input. Following further revisions, the summary will be published on the CDC website.

B. Systematic Literature Review Results

B.1. Search Strategies and Results

 Table 1
 Chronic Lung Disease Search Conducted March 17, 2021

#	Search History
1	chronic lung disease
2	respiratory system disease*
3	reactive airway disease*
4	emphysema
5	chronic bronchitis
6	COPD
7	Chronic obstructive pulmonary disease
8	Asthma *
9	allergic asthma
10	irritant asthma
11	Interstitial lung disease
12	Pulmonary fibrosis
13	idiopathic pulmonary fibrosis
14	nonspecific interstitial pneumonitis
15	hypersensitivity pneumonitis
16	sarcoidosis
17	pneumoconiosis
18	asbestosis
19	coal workers pneumoconiosis
20	silicosis
21	bronchiectasis
22	cystic fibrosis
23	pulmonary vascular disease

24	pulmonary hypertension
25	bronchopulmonary dysplasia
26	bronchiolitis obliterans
27	asthma*
28	reactive airway disease*
29	CF
30	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 or 16 or 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 or 25 or 26 or
	27 or 28 or 29
31	Limit 30 to covid-19
32	(202012* or 2021*).dt
33	(202012* or 2021*).dc
34	32 or 33
35	31 and 34
36	Deduplicate

B.2. Study Inclusion and Exclusion Criteria

Inclusion Criteria: Studies were included at the title and abstract screen if they:

- were relevant to the key question "what is the association between pulmonary embolism or pulmonary hypertension and severe COVID-19?";
- were primary research;
- were written in English (can be seen as [language] in title); and
- examined humans only.

Exclusion Criteria: Studies were excluded at full text review if they:

- were not available as full-text;
- were a conference abstract, poster, letter to the editor, or reply letter;
- examined lung transplant, cancer, or immunocompromised populations;
- reported autopsy results; and
- reported only composite outcome measures for "severe COVID-19".

B.3. Evidence Review: Pulmonary Embolism or Pulmonary Hypertension and Severe COVID-19

B.3.a. Strength & Direction of Evidence

Table 2. The Association Between Pulmonary Embolism and Severe COVID-19 Outcomes Including Mortality.

Outcome	Results		
Mortality:	Overall, the limited evidence from only one study ¹ suggests a history of pulmonary embolism is associated with an increased risk of		
	mortality. Aggregation indices cannot be measured with only one study which was found to have a moderate threat to internal validity.		
	 One cohort study¹ (N = 16,709), of 940 patients with pulmonary embolism conducted a multivariable analysis adjusted for 		
	demographic factors such as age, sex, race, and the presence of other comorbidities. There was a higher odd of mortality for peo		
	with COVID-19 and a history of pulmonary embolism, compared to people with COVID-19 and no history of pulmonary embolism		
	[aOR: 1.02 (IQR: 0.02)].		

Table 3. The Association Between Pulmonary Hypertension and Severe COVID-19 Outcomes

Outcome	Results			
Mortality	Overall, the evidence from two studies ^{1, 2} suggests the presence of underlying pulmonary hypertension is associated with an increased risk or adjusted odds of mortality. Both studies were found to have a moderate threat to internal validity.			
	• Strength of Association: Measures of association ranged from adjusted values of 1.24 to unadjusted values of 4.91.			
	• Precision of Association: Confidence intervals are wide in both studies, and crossed the null in one study ² .			
	Consistency of Association: Both measures of association suggested a positive association.			
	Applicability of Association: The population and setting were applicable in both studies.			
	Two cohort studies ^{1, 2} (N = 106,239) suggested an increase in the risk or adjusted odds of mortality in patients with underlying pulmonary hypertension.			
	 One cohort study¹ (N = 16,709), of 322 patients with pulmonary hypertension conducted a univariable analysis and reported an increased in the unadjusted risk of mortality for people in the US with COVID-19 and a history of pulmonary hypertension, compared to people without underlying pulmonary hypertension [RR: 4.91 (95% CI: 3.96 – 6.07)]. In a multivariable analysis, pulmonary hypertension did not persist as an independent risk factor in either an overall analysis or the age-stratified analysis that excluded patients younger than 45 years of age. In the age-stratified analysis excluding people less than 45 years of age, there was an increase in the adjusted odds of mortality for people with underlying pulmonary hypertension aged 45-65 years [aOR: 1.04 (IQR: 0.02)]; however, this risk did not persist for those over 85 years of age. One cohort study² (N = 89,530), of 341 hospitalized patients in France with pulmonary hypertension conducted a multivariable 			
	analysis adjusting for obesity, diabetes, hypertension, heart failure, atherosclerotic heart disease, sex, and age as a continuous variable. Results suggested an increase in the adjusted odds of mortality among hospitalized patients with COVID-19 and underlying pulmonary hypertension compared to patients with no underlying pulmonary hypertension [aOR: 1.24 (95% CI: 0.91-1.67)]; however, the confidence interval crossed the null, reducing confidence in the strength of this association.			
ICU admission	One cohort study ² reported an increase in ICU admission for patients with underlying pulmonary hypertension. Aggregation indices cannot be			
	measured with only one study which was found to have a moderate threat to internal validity.			

	 One cohort study² (N = 89,530), of 341 hospitalized patients in France with pulmonary hypertension conducted a multivariable analysis adjusting for obesity, diabetes, hypertension, heart failure, atherosclerotic heart disease, sex, and age as a continuous variable. Results suggested an increase in the adjusted odds of ICU admission among hospitalized patients with COVID-19 and underlying pulmonary hypertension compared to patients with no underlying pulmonary hypertension [aOR: 1.73 (95% CI: 1.27-2.37)].
Hospitalization	 One cohort study³ reported no association between pulmonary hypertension disease and hospitalization. Aggregation indices cannot be measured with only one study which was found to have a moderate threat to internal validity. One cohort study³ (N = 821), of people with COVID-19, reported zero hospital admissions among patients with those with underlying pulmonary hypertension compared to those with COVID-19 only (0/8 vs. 3/86). The small number of events in this study limits the applicability of this data.

B.3.b. Extracted Evidence

Table 4 Extracted Studies Reporting the Association Between Pulmonary Embolism or Pulmonary Hypertension and Severe COVID-19 Outcomes

Study	Population and Setting	Intervention	Definitions	Results
Author: Beltramo	Population: N	Health Condition Category:	Medical Condition(s):	Severe COVID-19:
2	= 89,530 COVID-19	Chronic lung disease	Pulmonary hypertension: ICD-10	aOR: Adjusted odds ratio; adjusted for
	patients		1270	obesity, diabetes, hypertension, heart failure,
Year: 2021		Medical Condition, n/N (%):		atherosclerotic heart disease, sex, and age as
	Setting: Public and	Pulmonary hypertension:	Severity Measure(s): NR	a continuous variable
Data	private hospitals	341/89,530 (0.38%)		OR: Odds ratio
Extractor: MC			Clinical marker: NR	
	Location: France	Control/Comparison group, n/N		Mortality, n/N (%):
Reviewer: DOS		(%):	Treatment/ Associated Therapy,	Pulmonary hypertension:
	Study dates: COVID-	No CRD: 75179/89530 (84.0%)	n/N (%): NR	• aOR: 1.24 (95% CI: 0.91-1.67)
Study design:	19 cohort: March 1 -			• OR: 2.01 (95% CI: 1.50-2.68)
Cohort	April 30, 2020		Outcome Definitions:	 Pulmonary hypertension: 96/341 (28.2%)
			Mortality: in-hospital mortality	• No CRD: 11222/75179 (14.93%)
Study	Inclusion criteria: For		during hospitalization	• p<0.05
Objective: To	the COVID-19		ICU admission: ND	
describe and	cohort, all patients		Intubation: NR	ICU admission, n/N (%):
compare chronic	hospitalized for		Ventilation: NR	Pulmonary hypertension:
respiratory	COVID-19 during the		Hospitalization: NR	• aOR: 1.73 (95% CI: 1.27-2.37)
diseases (CRD) in	study dates were		Non-elective readmissions: NR	• OR: 1.97 (95% CI: 1.46-2.65)
hospitalized	included and			• Pulmonary hypertension: 97/341 (28.5%)
patients suffering	identified by the		Comments: none	• No CRD: 12119/75179 (16.12%)
from COVID-19	primary, related, or			• p<0.05

Study	Population and Setting	Intervention	Definitions	Results
or influenza	associated diagnoses			
(2018-2019	by the ICD-10 codes			Severity of Condition: NR
season), and to	U0710, U0711,			
describe and	U0712, U0714 or			Duration of Condition: NR
compare	U0715, regardless of			
respiratory	their			Treatment/ Associated Therapy: NR
complications for	age. Data obtained			
COVID-19	from the			Comorbid Conditions: NR
patients with	national Programme			
CRD to COVID-19	de Medicalisation des			Risk Markers: NR
patients without	Systemes d'Informati			
CRD and to	on (PMSI) database.			Long-term Sequelae: NR
influenza				
patients.	Exclusion criteria:			
	NR			
IVA Score: 24				
(moderate)				
Author: Estiri ¹	Population: N =	Medical Condition, n/N (%):	Medical Condition(s):	Severe COVID-19:
	16,709	Pulmonary hypertension:	Pulmonary hypertension: ICD9	aOR: Adjusted odds ratio from GLM boosting
Year: 2021		322/16,709 (1.9%)	416.0; ICD10 I27.x	model; median over 10 model iterations;
	Setting: Medical	Pulmonary embolism:	Pulmonary embolism: ICD9 415.x,	model included age, history of pneumonia,
Data	system consisting of	940/16,709 (5.6%)	453.x, 445.x, 673.x; ICD10 I26.x,	type 2 diabetes mellitus with complications,
Extractor: DOS	10 hospital		174.x, 175.x, 182.x, 088.x, Z86.711,	heart failure, chronic kidney disease,
		Control/Comparison group, n/N	Z86.718	interstitial pulmonary disease, chronic
Reviewer: MW	Location: MA, US	(%):		obstructive pulmonary disease, pulmonary
		No pulmonary	Severity Measure(s): NR	embolism, benign prostate hypertrophy,
Study	Study dates: March 3	hypertension: 16387/16709		atrial fibrillation and flutter, hypertensive
design: Cohort	- November 10, 2020	(98.1%)	Clinical marker: NR	urgency or emergency, coronary artery
		No pulmonary		disease, gout, lung neoplasm, history of a
Study	Inclusion	embolism: 15769/16709 (94.4%)	Treatment/ Associated	cerebrovascular accident, abdominal aortic
Objective: To	criteria: EHR data		Therapy: NR	aneurysm, cardiomegaly, and female
predict risk of	from patients with a			RR: risk ratio
mortality and	confirmed case for		Outcome Definitions:	OR: odds ratio
study risk factors	COVID-19 (confirmed		Mortality: from various data	
for death across	PCR test) who had at		sources and included mortality	Mortality, n/N (%):
	least 1 year of		unrelated to visit	Pulmonary hypertension:

Study	Population and Setting	Intervention	Definitions	Results
different age	medical history (i.e.,		ICU admission: NR	• RR: 4.91 (95% CI: 3.96-6.07)
groups.	a 1-year time		Intubation: NR	• OR: 6.06 (95% CI: 4.59-7.91)
	difference between		Ventilation: NR	 Non-survivors: 73/830 (8.8%)
IVA Score: 25	the first and last		Hospitalization: NR	 Survivors: 249/15,879 (1.6%)
(moderate)	medical record		Non-elective readmissions: NR	• p<0.001
	before the COVID-19			Pulmonary embolism:
	positive PCR		Comments: None	• aOR: 1.018 (IQR: 0.019)
	test) with medical			• RR: 3.55 (95% CI: 3.01-4.19)
	system. Included			• OR: 4.02 (95% CI: 3.30-4.86)
	data from beginning			 Non-survivors: 145/830 (17.5%)
	of electronic record			• Survivors: 795/15,879 (5.0%)
	(as far back as			• p<0.001
	January 1, 2020) up			
	to 14 days prior to			Severity of Condition: NR
	the positive COVID-			
	19 PCR test date.			Duration of Condition: NR
	Exclusion			Treatment/ Associated Therapy: NR
	criteria: NR			Comorbid Conditions: NR
				Risk Markers: NR
				Long-term Sequelae: NR
Author: Halalau ³	Population: N = 821	Health Condition Category:	Medical Condition(s):	Severe COVID-19:
		Chronic Lung Disease	Pulmonary hypertension: ND	Hospitalization, n/N (%):
Year: 2021	Setting: Large			Pulmonary hypertension:
	healthcare	Medical Condition, n/N (%):	Severity Measure(s): NR	 Admitted patients: 0/86 (0%)
Data	system including 8	Pulmonary hypertension: 8/821		 Outpatients: 8/735 (1.1%)
Extractor: MW	hospitals	(1%)	Clinical marker: NR	• p = 1.0
Reviewer: DOS	Location: Michigan,	Control/Comparison group, n/N	Treatment/ Associated	Severity of Condition: NR
	USA	(%):	Therapy: NR	
Study Design:		None of the above: 295/821		Duration of Condition: NR
Cohort	Study dates: Up to	(35.9%)	Outcome Definitions:	
	April 12, 2020		Mortality: NR	Treatment/ Associated Therapy: NR

Study	Population and Setting	Intervention	Definitions	Results
Study			ICU admission: NR	
Objective: To	Inclusion		Intubation: NR	Comorbid Conditions: NR
describe the	criteria: Patients who		Ventilation: NR	
demographics,	tested positive for		Hospitalization: Emergency	Risk Markers: NR
initial clinical	SARS-CoV-2 at any		department visits for the patients	
presentation, and	date up to April 1,		that resulted in admission to	Long-term Sequelae: NR
outcomes of a	2020, after		hospital	
large cohort of	evaluation at any of		Non-elective readmissions: NR	
outpatients with	the emergency			
COVID-19.	departments across		Comments: None	
	the 8 study hospitals,			
IVA	and subsequently			
Score: 23 (moder	discharged			
ate)	home. Laboratory			
	confirmation for			
	COVID-19 was			
	defined as a positive			
	result of real-time			
	RT-PCR assay of			
	nasopharyngeal			
	swabs. Testing was			
	offered if patients			
	experienced			
	moderate cough or			
	fever over 100.4°F,			
	and if they had			
	chronic kidney			
	disease, heart			
	disease, diabetes,			
	chronic lung disease,			
	were			
	receiving immunosup			
	pression medication,			
	or were			
	immunocompromise			
	d due to cancer			
	treatment, recent			

Study	Population and Setting	Intervention	Definitions	Results
	surgeries, or other conditions.			
	Exclusion criteria: All patients with a negative test for SARS-CoV-2.			

B.3.c. Internal Validity Assessments of Extracted Studies

Table 5. Internal Validity Assessments of Extracted Studies Reporting the Association Between Pulmonary Embolism or Pulmonary Hypertension and Severe COVID-19 Outcomes

	Author Year	Beltramo 2021 ²	Estiri 2021 ¹	Halalau 2021 ³
	Outcome	Mortality, ICU admission	Hospitalization	Hospitalization
Domain	Signaling question	Data extracted from hospital records	medical records	Data extracted from electronic medical records
	Design appropriate to research question	1	1	1
	Well described population	1	1	1
	Well described setting	1	1	1
Study Elements	Well described intervention/ exposure	1	1	1
, ,	Well described control/ comparator	1	1	1
	Well described outcome	1	1	1
	Clear timeline of exposures/ interventions and outcomes	0	1	1
Selection Bias: Sampling	Randomization appropriately performed	0	0	0
	Allocation adequately concealed	0	0	0

	Author Year	Beltramo 2021 ²	Estiri 2021 ¹	Halalau 2021 ³
	Outcome	Mortality, ICU admission	Hospitalization	Hospitalization
Domain	Signaling question	Data extracted from hospital records	medical records	Data extracted from electronic medical records
	Population sampling appropriate to study design	1	1	1
Selection Bias:	Attrition not significantly different between groups	1	1	1
Attrition	Attrition <10-15% of population	1	1	1
	Attrition appropriately analyzed	1	1	1
	Measure of intervention/ exposure is valid	1	1	1
Information	Measure of outcome is valid	1	1	1
Bias: Measurement	Fidelity to intervention is measured	0	0	0
and	Fidelity to intervention is valid	0	0	0
Misclassification	Prospective study	1	1	1
	Adequately powered to detect result	0	1	0
	Outcome assessor blinded	0	0	0
	Study participant blinded	0	0	0
Information	Investigator/ data analyst blinded	0	0	0
Information Bias: Performance & Detection	Data collection methods described in sufficient detail	1	1	1
	Data collection methods appropriate	1	1	1
	Sufficient follow up to detect outcome	1	1	1
hafama ii	Appropriate statistical analyses for collected data	1	1	1
Information Bias: Analytic	Appropriate statistical analyses are conducted correctly	1	1	1
	Confidence interval is narrow	1	0	0
	Potential confounders identified	1	1	1
Confounding	Adjustment for confounders in study design phase	0	0	0
	Adjustment for confounders in data analysis phase	1	1	0

	Author Year	Beltramo 2021 ²	Estiri 2021 ¹	Halalau 2021 ³
	Outcome	Mortality, ICU admission	Hospitalization	Hospitalization
Domain	Signaling question	Data extracted from hospital records	medical records	Data extracted from electronic medical records
Reporting Bias	All pre-specified outcomes are adequately reported	1	1	1
Other Bias	No other sources of bias	1	1	1
COI	Funding sources disclosed and no obvious conflict of interest	1	1	1
SCORE	Threat to internal validity	24	25	23
	Low, Moderate, High	Moderate	Moderate	Moderate

C. References

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D. Abbreviations

Acronym	Full
95% CI	95% confidence interval
aHR	adjusted hazard ratio
aOR	adjusted odds ratio
BMI	body mass index
BPD	bronchopulmonary dysplasia
CF	cystic fibrosis

CFR	case fatality ratio
COI	conflict of interest
COPD	chronic obstructive pulmonary disease
CRD	chronic respiratory disease
ECMO	extracorporeal membrane oxygenation
EHR	electronic health record
EMR	electronic medical record
ERT	evidence review team
IQR	Interquartile range
GLM	generalized linear model
НН	high-high counties
HR	hazard ratio
ICD10	International Classification of Diseases 10
ICNARC	Intensive Care National Audit and Research Centre
ICS	inhaled corticosteroids
ICU	intensive care unit
ILD	interstitial lung disease
IPF	idiopathic pulmonary fibrosis
IVA	Internal validity assessments
LL	low-low counties
MR	mortality Rate
ND	not defined
NR	not reviewed
OR	odds ratio
PCR	polymerase chain reaction
PECO	population, exposure, comparator, and outcomes
PMSI	Programme de Medicalisation des Systemes d'Information
RR	Rate ratio
RT-PCR	real-time polymerase chain reaction