

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/easy-to-read/end-home-isolation.html>

Steps if You Have COVID-19 and Feel Sick

Stay at home when you have COVID-19.

Stay away from other people.

Stay in your own room.

Clean your own room.

Use your own bathroom.

Clean your own bathroom.

Stay home until you feel better.

Stay away from pets and service animals.

You may have to stay home for a while.

You may have to stay home for at least 10 days.

Tell someone if you are worried about how you feel.

Some people need a COVID-19 test to know they are better.

A doctor may tell you to get a COVID-19 test.

The health department may tell you to get a COVID-19 test.

Steps if You Have COVID-19 and Feel Well

Stay at home when you have COVID-19.

Stay away from other people.

Stay in your own room.

Clean your own room.

Use your own bathroom.

Clean your own bathroom.

Stay away from pets and service animals.

You may have to stay home for a while.

You may have to stay home for at least 10 days.

Some people need a COVID-19 test to know they are better.

A doctor may tell you to get a COVID-19 test.

The health department may tell you to get a COVID-19 test.

Be Safer After Being with a Person with COVID-19

Stay home after being near a person with COVID-19.

Stay home for 14 days.

Watch for ways COVID-19 can make you feel sick.

You may need to see a doctor if you feel sick.

You may need to get a COVID-19 test.

A doctor may tell you to get a COVID-19 test.

The health department may tell you to get a COVID-19 test.

Development of these materials was supported by a grant from the CDC Foundation, using funding provided by its donors. The materials were created by the Center for Literacy & Disability Studies, Department of Allied Health Sciences, University of North Carolina at Chapel Hill and the Center for Inclusive Design and Innovation at Georgia Tech. Centers for Disease Control and Prevention (CDC) provided subject matter expertise and approved the content. The use of the names of private entities, products, or enterprises is for identification purposes only and does not imply CDC endorsement.