1. Follow instructions very carefully.

2. Use the QR code below for more information about self-testing and how-to videos.

3. If your results are positive

   Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

   Tell your close contacts that they may have been exposed to COVID-19.

4. Call your health care provider with any questions, including if you have worsening COVID-19 symptoms.

   www.cdc.gov/covidtesting