Board Game: Protect Others & Protect Yourself from COVID-19
Suggested for Ages 6-12 years

DIRECTIONS
1. Cut out game pieces.
2. Follow the path one space at a time and scan the QR codes to learn tips to protect others and yourself.
3. Use CDC’s COVID-19 Parental Resources Kit to learn more about ways to prevent and cope with COVID-19.

TIPS

1. Keep a distance of at least 6 feet (about 2 arm lengths) – between yourself and people who do not live with you, indoors and outdoors.

2. Masks can help prevent people who have COVID-19 from spreading it to others. You can protect people around you by wearing your mask correctly.

3. Wash your hands with soap and water, for at least 20 seconds. Handwashing is one of the best ways to prevent getting sick and avoid spreading germs.
   - https://bit.ly/3hn0cFt

4. At home, it is important to keep frequently touched surfaces clean. Make it a team effort – ask your parents if you can safely help.
   - https://bit.ly/3hq0cFt