

Celebrating Winter Holidays

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/winter.html#consider-other-activities>



Everyone Can Make New Year's Celebrations Safer

Wear a mask

- Wear your mask over your nose and mouth.
- In cold weather, wear your mask under your scarf, ski mask, or balaclava.

Stay at least 6 feet apart

- Stay 6 feet away from others who do not live with you.
- People without symptoms can still spread COVID-19.

Avoid crowds and poorly ventilated indoor spaces

- Avoid indoors spaces as much as possible, especially ones that aren't well ventilated.
- If indoors, open windows and doors.

Wash your hands often

- Use soap and water or hand sanitizer containing at least 60% alcohol.

Get a flu shot as soon as possible

- By getting a flu shot, you can also help lower hospital visits and serious health problems from flu.



Attending or Hosting a New Year's Celebration

If you host or attend a small gathering, take steps to make celebrating the New Year safer. Follow these steps to make your gathering, whether you are hosting or attending, safer.

- Make sure the gathering is small.
- Keep the celebration outside if possible.
- Wear masks, except while eating and drinking.
- Clean and disinfect frequently touched surfaces and items between use.
- Have everyone use their own food, drinks, plates, cups, and utensils.
- Avoid shouting and singing.
- Use single-use options, like condiment packets.



Travel – Consider postponing travel and staying home this year

Travel increases your chance of getting and spreading COVID-19. If you do travel

- Check travel restrictions before you go.
- Get your flu shot before you travel.
- Always wear a mask in public settings and on public transportation.
- Stay at least 6 feet apart from anyone who does not live with you.
- Consider getting a viral test 1-3 days before your trip, as well as 3-5 days afterward.
- Consider reducing non-essential activities for 7 days (if you have a negative test result or 10 days. (without testing).



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)