

Back to In-Person Learning

Accessible version: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/decision-tool.html>

You can use this checklist to consider and prepare for in-person learning. If you select “Yes” for most items, you may want to consider in-person learning for your child. If you select “No” or “Unsure” for any item, consider working with your school to address any potential questions or concerns for in-person learning. See CDC’s [Considerations for Operating Schools during the COVID-19 pandemic](#) to learn more about potential strategies schools may implement to slow the spread of COVID-19.

In-Person Learning Checklist	Yes	No	Unsure	Not Applicable
I am aware of my school’s plans for in-person learning during the COVID-19 pandemic.				
I feel comfortable with my school’s plans for reducing spread of COVID-19.				
I believe my school has the resources needed to effectively implement their plan (e.g., staffing, supplies, training).				
I feel comfortable with my school’s plan if a student or staff member has symptoms or tests positive for the virus that causes COVID-19.				
I am satisfied with how my school communicates with families about changes to the school’s COVID-19 plan.				
I am satisfied with how my school is addressing parents’ or caregivers’ concerns and questions.				
My child knows how to properly wear a mask and understands the importance of doing so.				
My child can wear a mask for an extended period of time.				
My child can follow instructions and stay at least 6 feet away from other people in the classroom, while waiting for the school bus, and in other settings.				
My child has a reliable mode of transportation to and from school (e.g., school bus, carpool, walk/bike, public transit).				
I am comfortable with how my child’s mode of transportation to and from school is reducing the risk of spreading COVID-19 (e.g., decreased bus/transit capacity, wearing masks, increased cleaning and disinfecting practices).				



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Virtual/At-Home Learning

You can use this checklist to consider and prepare for virtual or at-home learning. If you select “Yes” for most items, you may want to consider virtual/at-home learning for your child. If you select “No” or “Unsure” for any item, consider working with your school or others to address any potential questions or concerns.

Virtual/At-Home Learning Checklist	Yes	No	Unsure	Not Applicable
I can work while my child is learning at home (e.g., I can still successfully do my job, I am able to telework).				
I have access to reliable internet and a device, such as a computer or tablet, which my child can use for virtual learning [Contact your school to inquire if they provide support (e.g., hotspots, computers), if needed].				
I can supervise or identify someone who can supervise my child during periods of virtual/at home learning.				
My child has a designated space for learning at home that has few distractions during school hours. ¹				
My school provides a virtual learning option that meets the learning needs of my student.				
My child’s learning style and needs are compatible with virtual modes of learning.				
My child is/was able to keep up academically through virtual/at-home learning.				
My child will receive quality education through virtual/at-home learning.				
My child will be sufficiently engaged during prolonged periods of virtual/at-home learning.				
My child will be able to stay socially connected during prolonged periods of virtual/at-home learning.				
If my child needs specialized adaptive communication devices, equipment, or learning aides, I can access them where I live, or I have access to them through my school.				

¹ [21st Century Community Learning Centers](#) are community learning centers that provide academic enrichment opportunities, which may be an alternative learning space for your child. Contact your [state education agency](#) for more information.



School-Based Services

You can use this checklist to consider whether your child and your family will be able to access school-based services you may be using. If you select “Yes” for most items, you may want to consider virtual/at-home learning for your child. If you select “No” or “Unsure” for any item, consider whether you would prefer to receive these services in school. If your child is at higher risk for severe illness and relies on school-based services that are only available on site, you may want to have additional conversations with your school to address concerns you may have.

School-Based Services Checklist	Yes	No	Unsure	Not Applicable
<p><i>If your child has an Individualized Education Program (IEP) or other specialized learning or behavior plan...</i></p> <p>My child can receive the required IEP learning accommodations through a virtual/at-home learning option that meets my family’s needs.</p>				
<p><i>If your child receives school-based learning services (e.g., tutoring before or after school)...</i></p> <p>My child can receive needed school-based learning services through a virtual/at-home learning option that meets my family’s needs.</p>				
<p><i>If your child receives school-based nutrition services (e.g., school breakfast or lunch)...</i></p> <p>My child has an alternative to the nutrition services provided in schools or can access grab-and-go free and reduced meals through the brick and mortar school that adequately meets our family’s needs [Your school district’s child nutrition website may have this information].¹</p>				
<p><i>If your child receives school-based behavioral or functional services (e.g., social skills training, occupational therapy, speech/language therapy)...</i></p> <p>My child can receive needed behavioral services through a virtual/at-home option that meets my family’s needs.</p>				
<p><i>If your child receives school-based emotional or mental health services...</i></p> <p>My child can receive needed emotional or mental health services through a virtual/at-home option that meets my family’s needs.</p>				
<p><i>If your child attends after-care (including after school clubs and activities) provided by the school...</i></p> <p>My child has an alternative to the after-care services provided by schools that adequately meets my family’s needs.</p>				

¹ School meals in some states may still be available for children learning from home, although this may be subject to change. Learn about parent meal pick-up options here: <https://www.fns.usda.gov/meals4kids>

