The Centers for Disease Control and Prevention is working to help keep you and your community safe from the threat of novel, or new coronavirus.

If you have traveled to a country with a widespread outbreak of COVID-19, CDC recommends you stay home and check your health for 14 days after returning to the United States.

Take your temperature with a thermometer two times a day

Watch for symptoms like: Fever
Cough
and trouble breathing.

And if you feel sick or have symptoms
Call ahead before you go to a doctor’s office or emergency room.

Tell the doctor about your recent travel and your symptoms
And avoid contact with others.

For more information visit cdc Dot gov