

CDC COVID-19 PSA Travelers Returning Home 45 Seconds

The Centers for Disease Control and Prevention is working to help keep you and your community safe from the threat of novel, or new coronavirus.

If you have traveled to a country with a widespread outbreak of COVID-19, CDC recommends you stay home and check your health for 14 days after returning to the United States.

Take your temperature with a thermometer two times a day

Watch for symptoms like: Fever

Cough

and trouble breathing.

And if you feel sick or have symptoms

Call ahead before you go to a doctor's office or emergency room.

Tell the doctor about your recent travel and your symptoms

And avoid contact with others.

For more information visit [cdc Dot gov](https://www.cdc.gov)