

How You Can Help to Protect Others from COVID-19 in Shared Spaces: During Meals

Wear a mask* at all times, except when you are actively eating or drinking.

*Masks should not be placed on children under age 2, anyone who has trouble breathing or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.



**Stay at least 2 meters/
6 feet (2 arm lengths)
away from others in
meal service areas.**

**Use take-away options for
food as often as possible.**



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)