Poor contact lens wear and care habits can ruin your look with RED EYES AND lead to painful infections with lasting damage.

DON’T OVERLOOK THESE RECOMMENDATIONS FOR BRIGHT EYES!

1. **REVITALIZE your eyes:**
   
   Give your eyes a break. Don’t sleep in your contact lenses.

2. **SANITIZE your contacts:**
   
   Clean your contacts properly. Don’t top off, or add old solution to new solution to store contact lenses.

3. **UTILIZE your supplies:**
   
   Don’t wear your contact lenses or use your contact lens cases for longer than recommended.

Bright Eyes
Complete Your Look.

Don’t Overlook healthy contact lens wear and care.

Accessible version: www.cdc.gov/contactlenses/poster-bright-eyes.html