



BRIGHT EYES COMPLETE YOUR LOOK. DON'T OVERLOOK healthy contact lens wear and care.

Poor contact lens wear and care habits can ruin your look with **RED EYES** AND lead to painful infections with lasting damage.

DON'T OVERLOOK THESE RECOMMENDATIONS FOR BRIGHT EYES!

1

REVITALIZE your eyes:

Give your eyes a break.
Don't sleep in your contact lenses.



2

SANITIZE your contacts:

Clean your contacts properly. Don't top off, or add old solution to new solution to store contact lenses.

3

UTILIZE your supplies:

Don't wear your contact lenses or use your contact lens cases for longer than recommended.



BRIGHT EYES

HEALTHY EYES



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/contactlenses

