REVITALIZE your eyes:
Give your eyes a break. Don’t sleep in your contact lenses.

SANITIZE your contacts:
Clean your contacts properly. Don’t top off, or add old solution to new solution to store contact lenses.

UTILIZE your supplies:
Don’t wear your contact lenses or use your contact lens cases for longer than recommended.

Poor contact lens wear and care habits can ruin your look with RED EYES AND lead to painful infections with lasting damage.

BRIGHT EYES COMPLETE YOUR LOOK.
DON’T OVERLOOK healthy contact lens wear and care.

DON’T OVERLOOK THESE RECOMMENDATIONS FOR BRIGHT EYES!

BRIGHT EYES HEALTHY EYES

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

www.cdc.gov/contactlenses