

EYE WISE: CONTACT LENSES 101

✓ **Keep it fresh:** Only use new solution

Dump all the solution out of your contact case every time you use it, and only store your contacts in fresh solution.



Get new
contact
solution

Reusing and topping off (adding fresh to used) solution have been linked to serious eye infections.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/contactlenses

