HEALTHY HABITS
MEAN HEALTHY EYES.

Learn tips for healthy contact lens wear and care to help prevent eye infections.

Make an appointment with your eye doctor if you haven’t had your annual visit.

Tell your friends about Contact Lens Health Week.

Visit CDC’s Healthy Contact Lenses website and follow us on social media

Web: www.cdc.gov/contactlenses
Facebook: CDC
Twitter: @CDCgov @CDC_NCEZID