HEALTHY HABITS MEAN HEALTHY EYES.

- Learn tips for healthy contact lens wear and care to help prevent eye infections.
- Make an appointment with your eye doctor if you haven’t had your annual visit.
- Tell your friends about Contact Lens Health Week.

Visit CDC’s Healthy Contact Lenses website and follow us on social media:

- Web: www.cdc.gov/contactlenses
- Facebook: CDC
- Twitter: @CDCgov @CDC_NCEZID