

# EYE WISE: CONTACT LENSES 101

✓ Clean and replace that grimy case.

Rinse your case with solution,  
rub to clean it, and store  
it upside down every day.

Get a new case at least  
every three months.



Dirty contact lens cases have  
been linked to serious eye  
infections in contact  
lens wearers.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

[www.cdc.gov/contactlenses](http://www.cdc.gov/contactlenses)

