

EYE WISE: CONTACT LENSES 101

✓ Clean and replace that grimy case.

Rinse your case with solution,
rub to clean it, and store
it upside down every day.

Get a new case at least
every three months.



Dirty contact lens cases have
been linked to serious eye
infections in contact
lens wearers.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/contactlenses

