

# EYE WISE: CONTACT LENSES 101

- ✓ Stay on schedule: Replace your contact lenses regularly

Remember to keep supplies on hand and replace your contacts as often as your eye doctor tells you.



Wearing contacts for longer than recommended has been linked to serious eye infections.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

[www.cdc.gov/contactlenses](http://www.cdc.gov/contactlenses)

