



#### Introduction:

CLIAC Biochemical Genetic Testing Workgroup –
Good Laboratory Practices for
Biochemical Genetic Testing and Newborn Screening for
Heritable Diseases

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February 9-10, 2010 CLIAC Meeting



## **Background-**

# **Current Oversight for Genetic Testing**



# CLIA regulations

- General requirements for non-waived testing as applicable
- Specialty of clinical cytogenetics
  - o Specific QC requirements
  - Qualification requirements for technical supervisor
- Requirements for molecular amplification procedures
- FDA requirements for IVD products
- State requirements (e.g., New York and Washington state programs)
- Voluntary professional practice and accreditation guidelines (e.g., ACMG, CAP, CLSI)
- Good laboratory practices



### **Background-**

# Addressing Biochemical Genetic Testing



- ❖ 2007: CMS action plan to enhance oversight of genetic testing
  - Providing guidance rather than prescriptive regulations
  - Training, education, data collection, collaboration
- Sept. 2007: CLIAC reviewed quality assurance (QA) concerns in genetic testing; suggested developing document to clarify CLIA and provide specific guidance
- 2008: CLIAC Genetics Workgroup 3 focused on molecular genetic testing for heritable diseases and conditions
- Sept. 2008: CLIAC provided good laboratory practice recommendations for molecular genetic testing for inclusion in MMWR R&R (published June 2009); recommended forming workgroup on biochemical genetic testing (BGT) to consider similar good laboratory practice issues



# CDC Assessment of BGT Landscape and QA Gaps



### Purposes:

- Frame issues for workgroup consideration
- Assess areas of expertise needed for the workgroup
- Assess information needed to facilitate workgroup's evaluation of current standards, guidelines, practices
- Help to gauge guidance's utility and impact on laboratory testing quality and public's health



# **Assessing BGT Landscape and Gaps**



- Assessment of current BGT landscape and trends
  - Definitions
  - Number of labs performing BGT
  - Number and type of diseases for which BGT is performed
  - Test volume
  - Test methods and technology
  - Type of services
  - Availability of proficiency testing (PT)/external quality assessment (EQA) programs
  - Growth and trends
- Review of available information indicating QA concerns, problems/gaps, room for improvement
- Collaboration with CDC Newborn Screening Quality Assurance Program (NBSQAP)



# **Assessing BGT Landscape and Gaps**

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- Sources of information/data identified for analysis:
  - Directories/databases
    - o GeneTests
    - Society for Inherited Metabolic Disorders (SIMD) directory
    - o National Newborn Screening and Genetics Resource Center
  - State laboratory/public health programs
  - Publications, reports
  - PT/EQA programs
  - Information from professional groups



# **Assessing BGT Landscape**



- What tests are considered BGT?
  - Critical for data collection, gap assessment, scope and applicability of recommendations to be developed
  - CLIA no definition for BGT
  - Available definitions vary depending on purpose and context
    - Consistent: analysis of human gene products, metabolites to detect inborn errors of metabolisms (IEMs), heritable genotypes or disorders
    - Usually have qualifiers and exclusions
  - Most NBS conditions are IEMs/inherited metabolic disorders
    - Screening tests, presumptive positives need to be confirmed with diagnostic testing
    - Public health labs perform NBS for 97% U.S. infants



# **Assessing BGT Landscape**



#### Test volume

- No published information on current BGT volume or trend of growth
- Increased needs for definitive diagnosis of presumptive positives due to expansion of NBS (expert opinion)
  - o More than 4 million infants born in U.S. each year
  - 2005: 38% infants born in states requiring screening for over 21/29 core conditions recommended by ACMG
  - o 2009: All states required at least 21; 24 states and DC screen for all 29 disorders on recommended uniform panel



# **Assessing BGT Landscape**



- Number of BGT laboratories
  - No comprehensive data
  - 2003: 162 BGT labs surveyed (McGovern et al, 2003)
  - As of April 2009:
    - o GeneTests: 83 in U.S. and 63 foreign
    - o SIMD directory: 99 (US and international)
    - o CAP BGT survey: 114 participants in 2008; 93 in 2002
    - New York State: 12 in state and 20 out of state in 2009
- 46 state NBS laboratories



# Assessment of Expertise Needed for CLIAC Workgroup

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- Diverse technology and diagnostic issues
- Diverse laboratory environments (e.g., large/small labs, common/rare disease testing, academic/private/public health, specialized/general labs)
- NBS and public health perspectives
- Expertise in laboratory performance evaluation, laboratory inspection and accreditation
- Perspective of users of laboratory services (healthcare providers, patients, referring labs) and other stakeholders
- Regulatory (federal and state) oversight; voluntary standards and guidelines
- IVD manufacturers and industry
- CLIAC



# Gaps Identified/Issues Needing Guidance



- Comprehensive review of literature, reports, documents to identify QA issues and concerns
- Identified QA concerns relating to preanalytic, analytic, postanalytic phases of testing; personnel; quality management
- Comparison of all relevant laboratory standards and guidelines to assess practices/areas needing guidance or clarification
  - Regulatory vs. voluntary
  - National vs. international
  - BGT vs. genetic testing in general and general laboratory
- Provided to workgroup to initiate discussion and elicit additional insights



## **Preparation of Workgroup Resources**

19 comprehensive crosswalks addressing each topic area needing guidance for good laboratory practices (see example; complete list of documents reviewed for preparing crosswalks provided in handouts)

For CLIAC BGT Workgroup Review Only. DO NOT REPRODUCE OR DISTRIBUTE. Version 05-27-2009

BGT Crosswalk #7. Performance Establishment and Verification Relating to Genetic Tests

	CLIA Regulations	New York State Clinical Laboratory Standards of Practice	FDA Guidance Documents	ISO 15189:2007	CAP Checklists	ACMG Standards & Guidelines	CLSI Guidelines	MGT MMWR
Inalytical	Under §493.1253,	Validation S1: The	NBS Test Systems for AAs.	5.5.1	Laboratory General L	C8.4.1 Analytic	EP5-A2	For performance
performance	CLIA requires	laboratory shall use	FC/ACs Using MS/MS	The laboratory shall	Sound laboratory practice	sensitivity is the	Evaluation of	establishment and
	performance	examination	Provides guidance for	use examinations	requires full characterization	proportion of biological	Precision	verification of new
	verification on	procedures, including	premarket submissions	procedures, including	of an assay before its use	samples that have a	Performance of	molecular genetic
	accuracy, precision,	those for	including:	those for	for patient testing, without	positive test result or	Quantitative	tests, CLIAC
	reference intervals,	selecting/taking sample	<ul> <li>Implications for method</li> </ul>	selecting/taking	regard to when the test was	known mutation and	Measurement	recommends the
	and reportable range	portions appropriate for	validation by laboratories	samples portions,	first introduced by a given	that are correctly	Methods	following 5 steps:
	for each unmodified	the examination, which	that use these procedures-	which meet the needs	laboratory. The laboratory	classified as positive	l	<ul> <li>a. Ensure a review is</li> </ul>
	FDA-	meet the needs of the	<ul> <li>Reproducibility (within-</li> </ul>	of the users of	must have data on each	(assumes mutation is	EP 17-A	conducted of
	cleared/approved test	users of the laboratory	run and total imprecision)	laboratory services	test's accuracy, precision,	tested for). Analytic	Protocols for	available scientific
	system; and	services.	<ul> <li>Interference (interferents</li> </ul>	and are appropriate	analytic sensitivity,	sensitivity is determined	Determination of	studies and pertine
	performance	Validation \$2: The	on assay performance)	for the examinations.	interferences and reportable	using samples with	Limits of Detection	references;
	establishment for	laboratory shall use only	<ul> <li>Functional Sensitivity/</li> </ul>	Preferred procedures	range (i.e., analytic	known test results or	and Limits of	<ul> <li>Select appropriate</li> </ul>
	accuracy, precision,	validated procedures to	Limit of Detection	are those that have	measurement range (AMR)	mutation status, either	Quantitation	test methodology
	analytical sensitivity.	confirm that the	o Linearity	been published in	and clinically reportable	by comparison with		the disease or
	analytical specificity,	examination procedures	<ul> <li>Calibration and Control</li> </ul>	established/authoritati	range (CRR)) as applicable.	another methodology or	EP6-A	condition being
	reference intervals, reportable range, and	are suitable for the intended use. The	Materials	ve textbooks, peer- reviewed texts or	Laboratories subject to CLIA	by consensus findings (e.g., proficiency testing	Evaluation of the Linearity of	evaluated; c. Establish or verify
		validation shall be as	<ul> <li>Carry over and drift</li> </ul>	iournals, or in	88: For unmodified FDA-	samples). Estimates	Quantitative	
	other applicable performance	extensive as necessary	(evaluate each amino acid, free carnitine, and	international, national	cleared or approved tests.	samples). Estimates should include	Measurement	the analytical performance and
	characteristics for	to meet the needs in the		or regional guidelines.	the laboratory may use data	confidence intervals.	Procedures: A	determine applica
	each modified FDA-	given application or field	acylcarnitine for any effects of carry over or	If in-house	from manufacturers'	confidence intervals.	Statistical Approach	quality control
	cleared/approved test	of application; the	drift using referenced	procedures are used.	information or published	C8.4.2 Analytic	Statistical Approach	parameters for the
	system or laboratory-	laboratory shall record	material)	they shall be	reports, but the laboratory	specificity is the	EP9-A2	genetic test:
	developed test.	the results obtained and	o Cut-Off(s) / Reference	appropriately	must verify outside data on	proportion of biological	Method Comparison	d. Define appropriat
	Laboratories also	the procedure for the	Interval(s)	validated for their	accuracy, precision and	samples that have a	and Bias Estimation	patient population
	must determine	validation	interval(s)	intended use and fully	reportable range. For tests	negative test result or	Using Patient	for which the test
	control procedures	Validation S3: A	Method Comparison	documented.	that are not FDA-cleared or	no identified mutation	Samples	should be perform
	and calibration	laboratory that performs	(compare your device to a	documente.	approved, or for FDA-	(being tested for) and		e. Ensure test result
	procedures based on	the same test using	predicate device or an	5.5.2	cleared/approved tests	that are correctly	EP7-A2 (Protocol)	and their implicati
	the performance	different methods or	acceptable reference	The laboratory shall	modified by the laboratory.	classified as negative.	Interference Testing	can be interpreted
	verification or	instruments, or	Method)	use only validated	the laboratory must establish	Analytic specificity is	in Clinical Chemistry	for a given individ
	establishment	performs the same test	Specimen collection and	procedures for	accuracy, precision, analytic	also determined using		or family, and the
		at multiple test sites.	handling conditions	confirming that the	sensitivity, interferences and	samples with known	C28-A2 (Protocol)	limitations of the t
	Interpretive	shall have a system in	(whether the device can	examination	reportable range, as	test results.	How to Define and	are defined and
	Guidelines	place that evaluates	maintain acceptable	procedures are	applicable; data on	Alternatively, samples	Determine	reported.
	§493.1253(b)(1)	and defines the	performance over the	suitable for the	interferences may be	from the target	Reference Intervals	2. The number of posit
	The laboratory is	relationship between	recommended storage	intended use. The	obtained from manufacturers	population could be		and negative sample
	responsible for	test results every six	times and temperatures)	validations shall be as	or published literature, as	tested with all positive	MM1-A	that should be inclu
	verifying the	months	o Drift	extensive as are	applicable.	results confirmed by	14.3.1	in performance
	performance	Validation S4:	<ul> <li>Sample selection.</li> </ul>	necessary to meet		referent method as	Identify and	establishment and
	specifications of each	Documentation of	inclusion, and exclusion	the needs in the given	GEN.42020 Has the	being true positives.	characterize the	verification should



# **CLIAC BGT Workgroup Process**



- ❖ Workgroup formed: Feb. March 2009
- Orientation conference call: March 11, 2009
- Atlanta meeting: June 1-2, 2009
  - Reviewed 19 crosswalks prepared by CDC
  - Developed initial input
  - Identified additional issues to be resolved
- \* 8 follow-up conference calls: June Nov. 2009
- Workgroup report finalized: Jan. 2010



# **Expected Next Steps**



- ❖ Feb. 2010: Receive CLIAC recommendations for good laboratory practices for BGT and NBS for heritable diseases; initiate guideline preparation by CDC in collaboration with CMS and FDA
- Early 2011: Publication of guideline expected
- Prospective guideline will complement the published MMWR guideline for molecular genetic testing
- MGT and BGT guidelines should improve the quality of laboratory genetic services and healthcare outcomes from genetic testing