

**Building Healthier Communities: NCCDPHP Partners with
Communities to Advance Health Equity
Transcript**

Karen Hacker, MD, MPH - Doctor. National Center for Chronic Disease Prevention and Health Promotion Centers for Disease Control and Prevention: Health equity is when everyone has equal opportunity to live their healthiest lives. But how do we get there?

SUPER: The Chronic Disease Center at the CDC is taking innovative approaches to building healthier communities

Karen Hacker, MD, MPH - Doctor: One of the things that we've seen across the country is that there are populations that have historically been disadvantaged. And sometimes it's because of race and ethnicity. Sometimes it's because of where they live and how much money they make or where they go to school. So all those things turn out to really contribute to our health outcomes. And that's what we call the social determinants of health. I think it's our responsibility to understand those disparities and to really support communities and remediation of those challenges.

At the CDC, we have multiple roles that we can play as a government agency. We're currently funding a variety of social determinant action plans, and these are geared towards communities pulling together at the state, local, territorial and tribal level. We're also working with a whole variety of communities to think about what works and what they need to continue their success in the area of social determinants. We've actually identified 42 communities that have successfully addressed some of the social determinants of health that we've been talking about, and we're learning from them every single day. We're now trying to understand more about how the public health system and these community coalitions can actually work together, because we think that is critically important.

I think public health needs to be much more of a position of reaching out, bridging these gaps and bringing people together. A lot of this work really needs to be done in partnership with other sectors, and those sectors could be transportation, health care, it could be economic development. It's going to take all aspects of our society to really move towards a world where everyone has that kind of equal access.

Please join us so that everyone can live their healthiest lives.

SUPER: Helping people live their healthiest lives
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