

## OFFICE ON SMOKING AND HEALTH

### Tobacco use remains the leading cause of preventable disease, disability, and death in the United States.

As of 2019, about 34 million US adults smoke cigarettes, and every day, more than 1,600 young people aged 18 or younger try their first cigarette. Over 16 million Americans live with at least one disease caused by smoking. Smoking-related illness costs society over \$300 billion each year, including \$170 billion in direct medical costs. Costs could be reduced if we prevent young people from starting to smoke and help people who smoke to quit.



34  
MILLION

US adults who  
smoke cigarettes



3.6  
MILLION

US middle and high  
school students who  
use tobacco products



58  
MILLION

nonsmoking Americans  
exposed to  
secondhand smoke



\$170  
BILLION

spent each year  
to treat smoking-  
related diseases

## CDC's Response

CDC's Office on Smoking and Health (OSH) is the lead federal agency for comprehensive tobacco prevention and control. OSH saves lives and saves money by preventing and reducing tobacco use—the leading cause of preventable disease, disability, and death in the United States.



Since 2012, the *Tips From Former Smokers*<sup>®</sup> campaign has motivated at least 1 million cigarette smokers to quit for good.



Centers for Disease Control and Prevention  
National Center for Chronic Disease Prevention and Health Promotion

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