

Many Children Lack Access to Mental Health Care



Nearly **1 in 5** U.S. children are diagnosed with a mental disorder. **20%** of those with a mental disorder receive care from a specialized care provider for mental health.

Barriers to pediatric mental health specialty care

- Parents may be reluctant to seek professional help
- Cost
- Not enough mental health providers to meet demand
- Lack of access to specialized providers
- Long waiting lists
- Lack of insurance coverage

Pediatric primary care:

9 in 10 children receive regular medical care from a primary care provider, but **1 in 3** pediatricians report that they have sufficient training to diagnose and treat children with mental disorders.



Specialized care providers for mental health

- Child and Adolescent Psychiatrists
- Child Psychologists
- Behavioral Therapists

