

# RECENTLY IN THE AMERICAN TROPICS?

**MOSQUITOES** spread **DENGUE, CHIKUNGUNYA, ZIKA,** and other diseases



2 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



Watch for fever with joint, muscle, or eye pain, or a rash in the next 2 weeks.



If you get sick, see a doctor.  
Tell the doctor where you traveled.



For more information, visit [www.cdc.gov/travel](http://www.cdc.gov/travel).



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention