Sick with CHIKUNGUNYA virus?

Protect yourself and others from mosquito bites during the first week of illness.

- During the first week of illness, chikungunya virus can be found in the blood.
- The virus can be passed from an infected person to a mosquito through mosquito bites.
- An infected mosquito can then transmit the virus to other people.

7 days

- Keep mosquitoes out of your house
- If possible, use the air-conditioner
- Repair window and door screens

For more information: [www.cdc.gov/chikungunya](http://www.cdc.gov/chikungunya)