

# Sick with CHIKUNGUNYA virus?

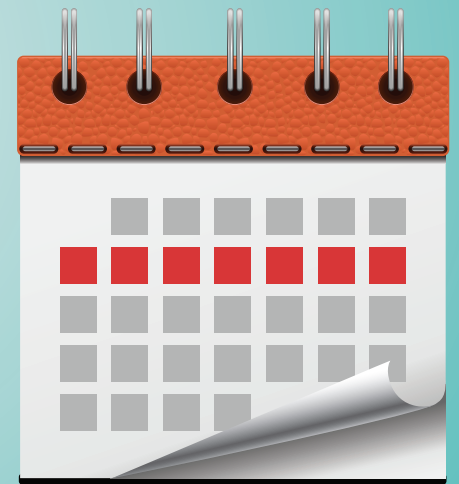
Protect yourself and others from mosquito bites during the first week of illness.



- During the first week of illness, chikungunya virus can be found in the blood.

- The virus can be passed from an infected person to a mosquito through mosquito bites.

- An infected mosquito can then transmit the virus to other people.



## 7 days



- Keep mosquitoes out of your house
- If possible, use the air-conditioner
- Repair window and door screens

For more information: [www.cdc.gov/chikungunya](http://www.cdc.gov/chikungunya)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention