

Cancer Prevention in Older Adults

Promotional video for The Gerontologist supplement

Audio Descriptive Text

- Elderly man with his daughter looking out the window.
- Female doctor sitting with older couple.
- Young girl giving her grandmother a hug and a kiss on the cheek.
- Daughter sitting with her elderly mother.
- Older man sitting down and looking up.
- Older woman exercising with weights outdoors.
- Two older women in a car, one is driving, and both are smiling.
- Cover of The Gerontologist publication supplement.
- Older man working as a cashier behind a cash register.
- Older man with daughter or caregiver at a vegetable stand. They are holding carrots.
- Older couple walking at an outdoor mall.
- Older man with male doctor, laughing.
- Group of diverse older adults outdoors under a tree.
- Group of diverse older adults exercising outside.
- CDC's Division of Cancer Prevention and Control, with CDC logo.

Video Summary

CDC's Division of Cancer Prevention and Control sponsored a [supplemental issue](#) of *The Gerontologist* about ways to reduce cancer risk during older adulthood.

Audio Script

In 2015, over 1.6 million people were diagnosed with cancer. By 2030, that number is expected to reach over 2.1 million.

Unless we do more...

Cancer is usually caused by many factors over time, creating opportunities throughout life to reduce risk – even at older ages.

But older adults have largely been excluded from cancer prevention efforts.

Can we do more as a society to reduce cancer risk and preserve health as adults enter their 60s, 70s, and beyond?

In this special issue of *The Gerontologist*, we invite you to consider a comprehensive approach to cancer prevention at older ages.

To lower exposure to known causes of cancer in our homes, workplaces, and communities.

To promote social and physical environments that facilitate healthy behaviors like sun safety, physical activity, and meaningful social engagement.

To expand appropriate use of cancer screening tests and other preventive health services at older ages.

And to understand how to best communicate with and engage older adults in these efforts.

Join us as we explore exciting new directions in cancer prevention for older adults.

Brought to you by CDC's Division of Cancer Prevention and Control.