SHOW US YOUR #SUNSAFESELFIE

✓ TAKE A PICTURE OF YOURSELF USING SUN PROTECTION.
✓ POST IT ON SOCIAL MEDIA.
✓ PRACTICE WHAT YOU POST!
   (Plan ahead before outdoor activities so you’re always prepared to be sun-safe.)

Sun-safe skin is always in! Use a combination of sun-safe strategies to protect yourself from sun damage today and lower your risk of skin cancer in the future.

www.cdc.gov/cancer/skin/sunsafeselfie