

SHOW US YOUR

#SUNSAFESELFIE



✓ TAKE A PICTURE OF YOURSELF USING SUN PROTECTION.



✓ POST IT ON SOCIAL MEDIA.

✓ PRACTICE WHAT YOU POST!
(Plan ahead before outdoor activities so you're always prepared to be sun-safe.)

Sun-safe skin is always in! Use a combination of **sun-safe strategies** to protect yourself from sun damage today and lower your risk of skin cancer in the future.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/cancer/skin/sunsaferselfie

CS303734A