

Emphasizing *Primary Prevention* of Cancer

The easiest way to fight cancer is to stop it before it starts. Many cancers are preventable. Primary prevention helps people choose healthy behaviors to lower their risk of getting cancer.

We can prevent cancer by:

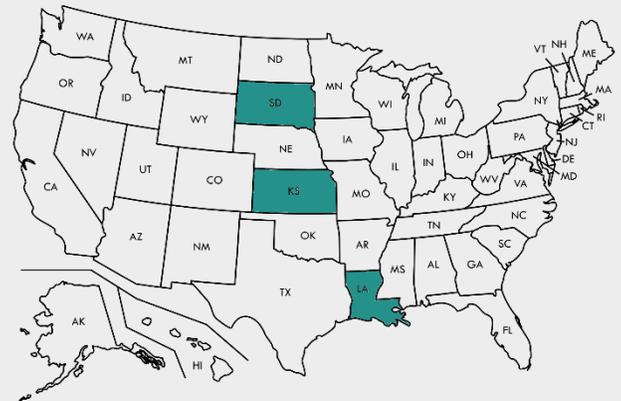
- Promoting and providing **vaccines** that prevent cancer
 - Ex. Human Papillomavirus (HPV) vaccine
- Supporting **environmental approaches** that make healthy choices easier where we live, play, and work
 - Ex. Smoke-free policies
- Empowering and educating people to make **healthy lifestyle choices** related to:
 - Tobacco use
 - Nutrition
 - Physical activity
 - Sun safety



National Comprehensive Cancer Control Program (NCCCP) Making a Difference

Examples of successful NCCCP program activities focusing on primary prevention include:

- **South Dakota** – [HPV Vaccination Program](#)
Client reminders and provider feedback within an integrated health system increase HPV vaccination coverage.
- **Louisiana** – [Breathe Easy in the Big Easy](#)
Tobacco education program informs a smoke-free law for indoor worksites and public places, including bars and casinos.
- **Kansas** – [Pool Cool Education Program](#)
Sun safety messages teach kids how to prevent skin cancer and increase sun protection habits.



Cancer Prevention & Control Works

Communities can prevent and control cancer when they have the right partners, plans, and solutions. CDC's NCCCP is leading cancer prevention and control efforts that are saving lives and supporting survivors.

Visit www.cdc.gov/cancer/ncccp/ to learn more.



Centers for Disease
Control and Prevention
National Center for Chronic
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NATIONAL
Comprehensive
Cancer Control
PROGRAM

Collaborating to Conquer Cancer