

# Lung Cancer in African-American Men

Protect your family and yourself.



**Lung cancers are mostly caused by smoking.**

African-American men have the highest rates of lung cancer in the U.S.

**When you smoke around your family, everyone smokes!**



The smoke from your cigarettes, called **secondhand smoke**, can cause lung cancer and other health problems in people who have never smoked, **even kids**.

**There's no safe way to smoke.**



Menthol cigarettes are just as dangerous as nonmenthol cigarettes.



**It's never too late to quit.**



Your risk for lung cancer goes down when you quit, no matter how old you are or how long you have smoked.

**Quitting can be hard, and you may need help.**

Ask your doctor for help or visit [smokefree.gov](http://smokefree.gov), call 1 (800) QUIT-NOW, or text the word QUIT to 47848 from your mobile phone.

