

# This is personal.

Let my heartbreak be your wake-up call.  
My mother was the cornerstone of our family.  
She died of colon cancer when she was only 56.

Please do all you can to stay around  
for yourself and for your family.  
Get screened for colorectal cancer.

**Screening saves lives.**

*Terrence Howard, actor/musician*



**1-800-CDC-INFO (1-800-232-4636)**  
**[www.cdc.gov/screenforlife](http://www.cdc.gov/screenforlife)**



Colorectal Cancer is the second leading cancer killer in the U.S., but it is largely preventable.



Screening can find precancerous polyps so they can be removed before they turn into cancer.

If you're 50 or older, get screened for colorectal cancer.

**Screening saves lives.**



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention

